

# Alzheimer's Seminar

## *“Understanding and Responding to Dementia-Related Behaviors”*



Offered free of charge to family caregivers and others concerned about a relative or friend who has Alzheimer's or a related memory disorder.

**Thursday, November 19, 2:00 – 3:00 PM**

*at the*

**Tompkins County Office for the Aging  
214 W. Martin Luther King, Jr./State Street, Ithaca**

*by*

**Melinda Sobrado  
Alzheimer's Association, CNY Chapter**

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

**Please register prior to coming.**

To register, or for more information or directions, call the Office for the Aging (274-5492) or email [dstoyell@tompkins-co.org](mailto:dstoyell@tompkins-co.org)