

*Family Caregiving Workshop*

**Memory Loss, Dementia & Alzheimer's: The Basics**

**Friday, May 6, 2016: Noon – 1:30 PM**

**offered free of charge at Tompkins County Office for the Aging, 214 Martin Luther King, Jr./State Street, Ithaca**

**Speaker: Whitney Hadley**

Associate Program Director,  
Alzheimer's Association of Central New York

*If you or someone you know is affected by Alzheimer's disease or dementia, it's time to learn the facts. This program discusses the difference between normal aging and dementia, explores how the brain works, defines dementia and goes through the different stages of the disease, explains the importance of clinical trials and gives an overview of the programs and services offered by the Alzheimer's Association as well as supports and services available from the Office for the Aging and other agencies in Tompkins County.*



Bring your brown bag lunch, if you wish. Beverages provided.

***Pre-registration is Required.***

***Call the Office for the Aging to register or for details:***

***274-5492***

***or e-mail: [dstoyell@tompkins-co.org](mailto:dstoyell@tompkins-co.org)***