

Fruity Snack Challenge

September is **National Fruits & Veggies - More Matters Month** and we are celebrating by *Putting Fruit to Work* during the week of September 21-25, in conjunction with the Tompkins County Worksite Wellness Coalition.



The contest is simple

Bring a healthy, fruit-packed snack to work and send us a picture!

The more pictures (one per snack please) you send, the more entries you receive for our Fruity Snack Challenge prize drawing.

Pictures can be sent to ksack@ithaca.edu or posted on our [Employee Benefits & Work/Life Facebook](#) page.

Check out our website at <http://www.ithaca.edu/hr/benefits/wrklife/fruittowork>.

Questions can be directed to Katie Sack at 4-8000 or ksack@ithaca.edu.

