

POINTS OF INTEREST

- Wildlife in the Inlet south of the State Street bridges
- Myers Point & Salmon Creek Inlet
- The Hog Hole
- Fall Creek Inlet (Stewart Park)
- Six Mile Inlet
- Cascadilla Inlet

ORGANIZATIONS

American Canoe Association

www.acanet.org

A national organization for recreational and competitive canoeing and kayaking.

Cascadilla Boat Club

www.cascadillaboatclub.org

This group promotes and conducts recreational and competitive rowing for all ages.

Cayuga Outrigger Canoe Club

www.cayugaoutrigger.com

This club launches regularly from the Merrill Family Sailing Center.

Dragon Boat Festival

www.fingerlakesdragonboat.org

Dragonboats are growing in popularity. The local group sponsors an annual regatta on the Cayuga Inlet.

Can You Canoe Cayuga

www.cayugalake.org.com

Annual event to paddle all or part of the length of Cayuga Lake.

SUP Cup

www.cayugalakesupcup.org

An event at Myers Point in August for paddleboarders.

Cayuga Blueway Trail

www.cayugablueway.weebly.com

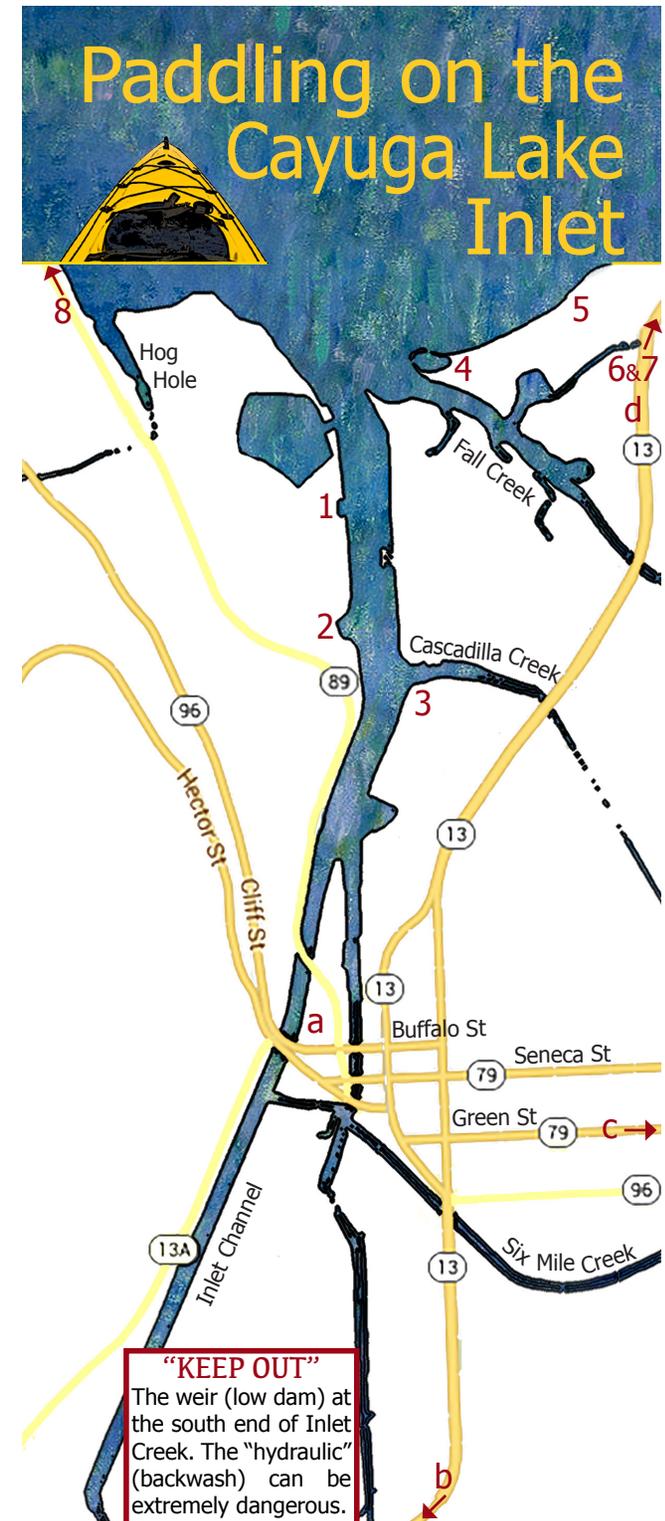
A recreational waterway trail, in development on Cayuga Lake.

WHERE TO LAUNCH

- 1. Allan Treman State Park Boat Launch**
off Rte 89
Trailer and non-trailer launch.
Fee on weekends and holidays.
Adequate parking.
- 2. Cass Park Dock Launch**
off Rte 89 (opposite swimming pool)
Non-trailer launch only.
Limited Parking.
- 3. Ithaca Farmer's Market**
West of Rte 13
Undeveloped launch site for non-trailer craft only. Difficult to park during weekend market hours.
- 4. Cascadilla Boat House**
West end of Stewart Park
Dock launch for all paddle craft.
Trailer launch for shells only.
Limited Parking.
- 5. Stewart Park Dock Launch**
off Rt 13 and Rt 34 (east end of park)
Trailer and non-trailer launch.
- 6. East Shore Park**
Rte 34, near Lake Source Cooling Plant
Non-trailer launch.
- 7. Myers Point Park/Salt Point**
West of Rte 34 in Lansing
Trailer and non-trailer launch. Fee.
- 8. Taughanock State Park**
off Rte 89
Trailer and non-trailer launch.
Adequate parking. Fee.

WHERE to RENT or PURCHASE

- a. Puddledockers**
704 1/2 West Buffalo Street • 607-273-0096
- b. Eastern Mountain Sports**
722 S. Meadow Street • 607-272-1935
- c. Cornell Outdoor Education (rentals only)**
B01 Bartels Hall • (607) 255-6183
- d. Paddle-N-More (rentals only)**
Myers Point, Lansing • (607) 349-4767



TIPS FOR SAFE PADDLING

- Canoes and kayaks are relatively unstable vessels. Balance the loads and do not overload them or stand up in them.
- If you go overboard, stay with your vessel. Put on your PFD immediately and only then consider re-entry.
- Wind can come up very quickly and tends to channel along the length of the lake either in a northerly or southerly direction. South winds cause wave heights to increase northward and vice-versa. Irregular waves from boat wakes, wind waves, and sudden changes in wind direction make paddling close to shore prudent.



- Check the weather before departing, especially for thunderstorms. If the weather deteriorates head for shore and leave the lake if possible.
- In the entire Cayuga Inlet, stay to the right and close to shore to avoid power craft and interfering with racing shells.
- Obey the "keep out" signs near the weir (low dam) at the south end of Inlet Creek channel. The "hydraulic" (backwash) can be extremely dangerous.
- In spring and fall the water is cold (45-50°F). Being in the water can be dangerous or deadly. If the temperature of the air plus the water is **LESS THAN 100°F**, use a wet suit or similar gear.

ESSENTIAL GEAR FOR SAFETY

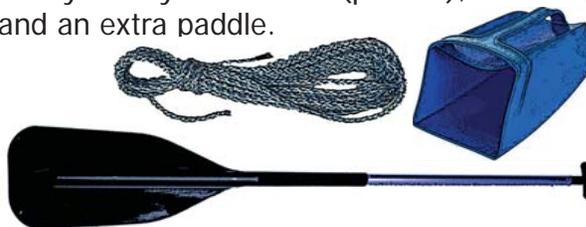


Leave extra time for your return trip. Not only might you be more fatigued, thus slower, but weather changes quickly and you may find yourself in deteriorating conditions.



Bring plenty of drinking water and use appropriate sun protection (sunscreen, sun hat, sunglasses) It can be hot and very bright on the lake, far more than on land.

Always carry a bowline (painter), a bailer, and an extra paddle.



CLEAN BOATING

Clean your boat, equipment and trailer of all visible mud and plant or animal material and dispose of it in a waste bin or on dry land above the high water mark. Drain and dry anything that has been in contact with the water once you leave the water and before re-launching.

Small, portable craft are more likely to be used in multiple waters in a short period of time than larger boats, increasing the risk of spreading invasive species unless all mud, plant and animal fragments are removed.

IT'S THE LAW!

The following five items are not merely suggestions, they are the law:

PERSONAL FLOTATION DEVICE

Each person on board **MUST** have a Coast Guard approved Personal Flotation Device (PFD). It is recommended that all on board wear a PFD, anyone under 12 years old **MUST** wear a PFD at all times. The law now requires PFDs to be worn by all on all small boats from Nov. 1 to May 1.



PLANT HITCHHIKERS

When you are done boating, remove ALL visible plant or animal material from your craft, equipment, and gear to prevent the spread of invasive species, such as hydrilla, that are a threat to Cayuga Lake and adjacent waterways.



AT NIGHT

Night paddling and rowing is **NOT** recommended, but if you must, carry a white light and show it in sufficient time to prevent a collision.

RIGHT OF WAY

You have the right of way over powered vessels, but be sensible. Few recognize the law and your safety is more important.

INTOXICATION

It is illegal to operate a vessel while intoxicated. This law pertains to **ALL** vessels.

This pamphlet was prepared and printed with funds from the Tompkins County Water Resources Council. For additional copies contact the Tompkins County Planning Department 121 Court Street in Ithaca, 607-274-5560, planning@tompkins-co.org