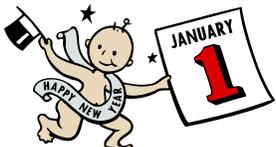


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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Office Closed  New Year's Day 2015	2
5	6	7 Metrix Overview Session 10:00 - 11:00 a.m.	8 Professional Opportunity Developers 9:00 - 11:00 a.m. ----- Challenge Workforce Solutions Recruitment 9:00 a.m. - 3:00 p.m.	9 2nd Annual CAREER EXPLORATION EVENT 10:00 a.m. - 3:00 p.m. ----- Cornell Meet the Employer Information Session 1:00 p.m. - 3:00 p.m.
12 Metrix II 10:00-11:00 a.m.	13 Technology at TC3 1:00 - 3:00 p.m.	14 Bridging the Gap Workshop 10:00 a.m. - 12:00 Noon	15 Jobseekers With Disabilities Workshop 9:00 - 11:00 a.m. ----- SECTOR SERIES #1 at TCPL 9:00 - 11:00 a.m.	16 Meet the Employer Information Sessions: Ithaca College 9:00 - 11:00 a.m. ----- Binoptics 1:00 - 3:00 p.m.
19 Office Closed  Martin Luther King Day	20 Metrix Overview Session 1:00 - 2:00 p.m.	21 Conquering the Interview Workshop 9:00 - 11:00 a.m.	22	23 Comfort Keepers Meet the Employer Information Session 9:00 - 11:00 a.m.
26	27 Metrix II 1:00 - 2:00 p.m.	28	29 Civil Service Workshop 10:00 - 11:00 a.m. ----- Older Worker Workshop 10:00-12:00 Noon	30 Renovus Energy Meet the Employer Information Session 9:00 - 11:00 a.m.

All workshops are offered at no cost to you and will be held at the Career Center unless otherwise indicated. However, space is limited and registration is required. Please call (607) 272-7570 ext.118, or register at the front desk. Tompkins Workforce is an Equal Opportunity Employer/Employment Service.

View all New York State Career Center Events at:
www.labor.ny.gov then Individuals/Job Seekers/Career Events

JANUARY 2015 WORKSHOP DESCRIPTIONS

Metrix E-Learning Information Sessions:

Overview Sessions are on: Wednesday, January 7th at 10:00-11 a.m. and Tuesday, January 20th at 1:00-2:00 p.m.

Metrix II Sessions are scheduled for:

Monday, January 12th, 10:00-11:00 a.m. and Tuesday, January 27th, 1:00-2:00 p.m.

Metrix E-Learning is an online skills and job-related training program that contains over **6,000 Courses**.

Courses range in topics from accounting, leadership, healthcare, and computer programming, etc.

Once registered, customers have accounts with unlimited access for 90 days.

Please note: This workshop requires a mid-level competency with computers.

If you want to learn basic computer skills, please speak with a counselor at the Resource Desk.

Professional Opportunity Developers Group Meetings: Thursday, January 8th, 9-11 a.m.

Network with people who previously held executive level or highly technical positions.

Challenge Workforce Solutions Recruitment Sessions: Thursday, January 8th, 9 a.m.-3 p.m.

Representatives from Challenge Workforce Solutions will be at interviewing for positions located at Cornell University and Ithaca College. Positions include: dishwashers, table attendants, custodians, assistant supervisors and supervisors. Applicants are instructed to come prepared to complete an application. Upon completion of the Challenge application, individuals will be interviewed by Challenge Workforce Solutions staff members.

Cornell University: January 9th (two events).

1) 2nd Annual CAREER EXPLORATION EVENT:

10:00 a.m.-3:00 p.m. at Cornell University Human Ecology Building

This event is an excellent opportunity for individuals who would like to learn more about facilities and dining careers at the university. During this event, you will: Meet with Community members, Cornell Staff and union representatives, explore different fields and career paths, gain valuable interview tips and advice from seasoned professionals, develop your network of contacts, and talk to representatives from many industries and organizations.

2) Meet the Employer Information Session:

1:00-3:00 p.m. at TWFNY

A Cornell Human Resources representative will discuss job search tips, application process, and overall information about working at Cornell University.

Technology at TC3: Tuesday, January 13th, 1:00-3:00 p.m.

An information session on how TC3's new Applied Science and Technology Studies Degree can prepare you for careers in Advanced Manufacturing.

Bridging the Gap Workshop: Wednesday, January 14th, 10:00 a.m.-12 Noon

Thinking about going to school for a certificate or a degree? Are you thinking about training to improve skills or to learn a new skill? Do you need information on what's available locally, who to talk to and how to begin? The Bridging the Gap Workshop will cover what is available locally for training, degree programs, certificates, and funding sources. It will also cover local labor market information to help provide the guidance needed to make such a valuable career decision.

Jobseekers with Disabilities Workshop: Thursday, January 15th, 9:00-11:00 a.m.

You will learn rights and responsibilities in the workplace related to the Americans with Disabilities Act, and the "Pros and "Cons" of disclosure. Information: Reasonable Accommodations, Works Incentives and resources to help you get back to work and/or to retain employment will be provided.

Sector Series #1 at Tompkins County Public Library: Thursday, January 15th, 9:00-11:00 a.m.

Our next POD session, **Thursday, January 15th, 9-11am @ Tompkins County Public Library, Martha Armstrong, Vice President and Director of Economic Development Planning at Tompkins County Area Development (TCAD)**, will kick off the **Sector Series** with a presentation on employment trends and projections for Tompkins County. Martha will also discuss how these trends and projections compare to that of our nation.

The **Sector Series** will run the following **Thursdays**, from **9-11am**, at the **Tompkins County Public Library**:

February 19th (Health Care), March 19th, April 16th, May 14th, and June 11th

Because these sessions start at 9am (and the library doesn't open until 10am), please use the side entrance to the library.

Ithaca College Meet the Employer Session: Friday, January 16th, 9:00-11:00 a.m.

Come meet an Ithaca College Human Resource Representative, who will share their application process and the benefits of working at Ithaca College.

Binoptics Meet the Employer Information Session: Friday, January 16th, 1:00-3:00 p.m.

Binoptics Corporation manufactures laser components. Binoptics current products include lasers used in telecommunications and data warehouses. Binoptics currently has several positions available, from Fabrication Operator to Vice President of Development. Current openings and information on how to apply can be found on their website: www.binoptics.com

Conquering the Interview Workshop: Wednesday, January 21st, 9:00-11:00 a.m.

Preparing for your job interview can be a challenge. This course will help you to overcome this challenge by teaching you how to: research and prepare prior to an interview, what to expect during an interview, how to follow up after an interview, and how to avoid common problems.

Civil Service Workshop: Thursday, January 29th, 10:00-11:00 a.m.

Learn how to look up exam and vacancy information for various forms of government. Will look at the application process and provide an understanding of navigating the process.

Job Search Tips for Older Workers: Thursday, January 29th, 10:00 a.m. - Noon

Is age discrimination real? Have you ever been called "over qualified"? Are older adults being stereotyped? Discuss these topics and more in a forum for job seekers who are considered "older." Topics will include myths about the older worker, changes in job search methods, realities of the current job market, and ways to deal with them.

Comfort Keepers- Meet the Employer Information Session: Friday, January 23rd, 9:00 – 11:00 a.m.

Comfort Keepers will provide information on what it takes to become an Interactive Caregiver. After a brief presentation, participants will be invited to complete an application and have an interview.

Renovus Energy – Meet the Employer Information Session: Friday, January 30th, 9:00-11:00 a.m.

Renovus Energy is a company that designs and installs renewable energy systems. A representative from Renovus Energy will give a presentation on their company and current openings.