

Legislature Gets Ready for Move to “Old Courthouse”

After more than 80 years in its current location on the second floor of the County Courthouse, the County Legislature is preparing to move two buildings away—to the second floor of what has been known since 1931 as the “Old Courthouse.” The historic building, built in 1854, is the oldest Gothic Revival courthouse in New York State. Renovations have been in progress since earlier this spring, with the move scheduled to take place by July.

As well as removing the judge’s bench, benches, and other features of what had been the county’s Supreme Courtroom, and repainting the entire second floor space, walls have been erected to provide offices for the

Clerk and Chief Deputy Clerk of the Legislature; and a new glassed-in reception area has been created adjacent to the elevator. The Chambers will include new desks and chairs for Legislators, lighting in the existing chandelier fixtures has been upgraded, and the renovations include a new handicapped accessible bathroom on the second floor.



The new Legislature space under construction



The new office space for Clerk and Chief Deputy Clerk

The capital project includes acoustical and audiovisual improvements—a microphone and speaker system, with accommodations for the hearing-impaired, and acoustical panels on the wall to improve sound quality in the room, as well as for the cable and webcasting of County meetings. The new AV system includes lighting to supplement the existing chandelier lighting, and new remote cameras and control facilities, replacing equipment that is more than 20 years old. The new “TV Room” will be located on the third floor balcony.



Looking up toward the balcony, home of the new “TV Room”



Last month, the Legislature approved the permanent renaming of the Old Courthouse as *The Governor Daniel D.*

Tompkins Building, in honor of Governor Tompkins, who served as Governor of New York State from 1807-1817. Founded in 1817, when the County committed to construct a wooden courthouse on the building’s site, Tompkins County was named for Governor Tompkins, who sponsored and signed into law legislation that forever abolished slavery in New York State.

County Mourns the Death of Nancy Zook

The Tompkins County Youth Services Department and the greater Ithaca community lost a dear friend and colleague on April 18th with the unexpected passing of Nancy Zook.

Her life's work was dedicated to children and youth, starting as a third grade teacher in California. After she moved to Ithaca in 1982, she worked with pregnant and parenting teens at the Child Development Council. During her 23 years as a Coordinator of Community Youth Services for Tompkins County, she helped develop, fund, monitor, and coordinate a wide variety of youth development and risk reduction programs including those for runaway and homeless youth.

She helped coordinate youth employment programs and services for children and families with multiple needs. She served as Chair of Tompkins County's Family Court Advisory Council and on the NYS Runaway and Homeless Youth Advisory Council, in addition to working closely with The Learning Web and Cornell on the Independent Living Survey conducted by and for homeless youth. In recognition of those efforts, she earned Challenge's Collaborator of the Year Award. She was passionate about working with people, always striving to bring them together to work toward the common good.

Nancy always saw the good in everyone. Her warm, friendly, and helpful personality enabled her to develop hundreds of positive working relationships with colleagues in public and private agencies throughout Tompkins County. Nancy had eclectic interests; she was an avid gardener and reader. She loved all birds, but especially parrots and shared her home with her three dachshunds. In recent years she loved making transatlantic crossings on the QEII with her husband Thom. Locally, Nancy is survived by her husband Thom Trause and daughter Caitlin Thomas Zook. Nancy will be greatly missed.

A memorial service to celebrate Nancy's life will be held on June 15th at Upper Treman Park. The County Youth Services Department will also host a celebration of Nancy's life in June; please call for details. In lieu of flowers, the family requests donations in Nancy's name can be made to Child Development Council's Teen program, the Learning Web, and Bridges.



Submitted by Kris Bennett, Youth Services



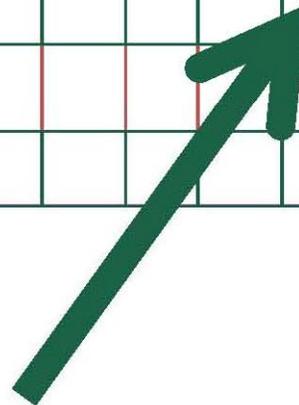
~Save the date~

Employee Blood Drive

at the Tompkins County Public Library



August 2013						
				8th		
				10-3		



Lead Poisoning: Are you at risk?

Submitted by Gail Birnbaum, RN, Community Health Nurse, Tompkins County Health Department

You may be aware that children at ages one and two are tested for their blood lead level at their physician's office as required by New York State law, but did you know that adults are also at risk for lead poisoning?

How does lead poisoning affect an adult?

Lead can affect almost every organ and system in your body. The main target for lead toxicity is the nervous system, both in adults and children. Long-term exposure of adults can result in decreased performance in some tests that measure functions of the nervous system. It may also cause weakness in fingers, wrists, or ankles. Lead exposure also causes small increases in blood pressure, particularly in middle-aged and older people, and can cause anemia. Exposure to high lead levels can severely damage the brain and kidneys in adults or children, and ultimately cause death. In pregnant women, high levels of exposure to lead may cause miscarriage. High-level exposure in men can damage the organs responsible for sperm production.

What is a high level?

- At levels above 80 µg/dL, serious, permanent health damage may occur (extremely dangerous).
- Between 40 and 80 µg/dL, serious health damage may be occurring, even if there are no symptoms (seriously elevated).
- Between 25 and 40 µg/dL, regular exposure is occurring. There is some evidence of potential physiologic problems (elevated).
- Between 10 and 25 µg/dL, lead is building up in the body and some exposure is occurring.

The typical level for U.S. adults is less than 10 µg/dL (mean = 3 µg/dL).

You may have been exposed to lead at work or at home or while engaged in a hobby.

At work:



- Construction workers
- Steel welders
- Bridge reconstruction workers
- Firing range instructors and cleaners
- Painters
- Remodelers and refinishers
- Foundry workers
- Scrap metal recyclers
- Auto repairers
- Cable splicers

There are also hobbies which may put you at risk:

- Casting bullets or fishing sinkers
- Home remodeling
- Target shooting at firing ranges
- Lead soldering
- Auto repair
- Stained glass making
- Glazed pottery making

Also, some traditional remedies, especially from Asia and orange colored, may contain lead as well. Please do not use leaded ceramicware.

Spring is here! You might want to consider testing your soil before planting your vegetable garden.

Remember: **NEVER** scrape, grind, or sand paint. Contact Tompkins County Environmental Health, at (607) 274-6688, before you work!

How can you reduce your exposure to lead?

- **Wash** your hands and face before you eat, drink, or smoke.
- **Eat, drink, and smoke** only in areas free of lead dust and fumes.
- **Wear** a clean, properly-fitted respirator with HEPA filter in all areas that have lead dust or fumes. Shave to get the best fit.
- **Change** into different clothes and shoes before engaging in work with lead. Keep your street clothes and shoes in a clean place.
- **Shower** after working with lead before you go home.
- **Launder** your clothes separately from other family members' clothes.



Talk to your health care provider, and know your blood lead level.



TWENTY-THIRD ANNUAL TOMPKINS COUNTY 25 YEAR CLUB DINNER

The Tompkins County Legislature cordially invites you to join them in honoring this year's inductees into the Tompkins County 25 Year Club. This year's dinner will be held at the Lake Watch Inn 1636 East Shore Drive, Ithaca on June 6, 2013. There will be a social hour from 5:00 until 6:00 pm and a dinner at 6:00 pm. Please return the **RSVP** with your entrée selection including payment of \$15.00 per person by **May 24, 2013**. There is no charge for 25 Year Club members and their guest.

2013 Inductees

- | | |
|--|--|
| <i>Alan Boda, Sheriff's Office</i> | <i>Theresa Lyczko, Public Health</i> |
| <i>Carol Chase, Public Health</i> | <i>Melanie Merriman, Finance</i> |
| <i>David Cook, Facilities</i> | <i>Chris Parker, Facilities</i> |
| <i>Marguerite Dean, County Office For Aging</i> | <i>Anne Peppin, Social Services</i> |
| <i>Robert Deputron, Facilities</i> | <i>Michele Perry, Mental Health</i> |
| <i>Stephen Estes, Personnel</i> | <i>James Rolfe, Sheriff's Office</i> |
| <i>Camilla Fellows, Social Services</i> | <i>Mary Rounds, Social Services</i> |
| <i>Beth Jolles, Social Services</i> | <i>Lee Shurtleff, Emergency Response</i> |
| <i>Jacqueline Kippola, County Administration</i> | <i>Angela White, Information Tech Services</i> |

I will attend the 25 Year Club Dinner on Thursday, June 6, 2013

Entrée Selections

1. *Sirloin Filet with Garlic Aujus*
2. *Sea Scallops with Apricot Crème Sauce*
3. *Shells With Ricotta and Parmesan Cheese*
4. *Garden Salad entrée upon request*

Name: _____

Name of Guest: _____

* Please enter the entrée number on the line after your name*

Please make checks payable to **TOMPKINS COUNTY** and send to:
Tompkins County Personnel Department 125 East Court Street Ithaca, NY 14850

Department News



Solid Waste Management Division

The Solid Waste Division reports more than 200 people attended the first Household Hazardous Waste (HHW) Drop-Off event of the year on Saturday, April 20th. Despite the brisk conditions, coordinator Paul Cowles greeted everyone with a smile and thanked them for doing their part to properly dispose of such material. The drive-thru process couldn't be easier, as representatives from Clean Harbors Inc. take the products out of your vehicle while you stay behind the wheel! You can get more information and register for the next HHW Drop-Off Event May 18th by going on-line at www.recycletopkins.org. All you need is valid solid waste permit. Additional Drop-Off events are scheduled for July 20th, August 17th, October 19th and November 16th.

Did you know there are some easy ways to reduce waste at home and in the office?

- Narrow the margins of electronic documents to minimize the number of pages printed
- Reuse jars, mugs and small containers for drawer and desktop organizers
- Include 'please recycle' on envelopes and recyclable materials in mass mailings and advertising
- Reuse the back of junk mail, old cover sheets, outdated letterhead, faxes and old envelopes as scrap paper
- Cancel subscriptions that are duplicates or not being read
- Eliminate unwanted mail and phone books by signing up for a free account at www.catalogchoice.org
- Replace paper towels with reusable cloth cleaning rags
- Use foam packing peanuts, bubble wrap and other packing material over again

Be sure to watch for the new *Curbside Recycling Guidelines* brochure that will be hitting mailboxes later this spring, an improved website at www.recycletopkins.org and like us on Facebook at Tompkins County Solid Waste Division.

*Submitted by Geoff Dunn
Communications and Administrative Coordinator*

Highway Division

The Highway Division welcomes **Jamar Redmond**, Motor Equipment Technician, and **Zachary Fredenburg**, Equipment Service Technician.

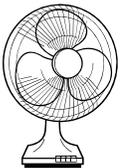
Planning Department

Tompkins County Planning Department welcomes new Senior Planner, **Megan McDonald**. An Ithaca resident, Megan started at TCPD on April 22nd.

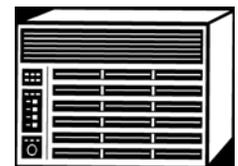
2012-2013 HEAP COOLING PROGRAM

Submitted by Dawn Sprague, Tompkins County HEAP Coordinator

It is hard to believe that spring and summer are just around the corner with the crazy weather we experience here in Tompkins County. While the 2012-2013 HEAP (Home Energy Assistance Program) heating program has ended, we would now like to introduce the **2012-2013 HEAP Cooling program**.



The HEAP Cooling program helps income eligible households with the purchase and installation of an energy efficient air conditioner or fans. The household must include an individual with a documented medical condition that is exacerbated by extreme heat, and all other eligibility criteria must be met.



The HEAP Cooling program opened on April 1, 2013, and will run until August 31, 2013, or until funds are exhausted, whichever comes first. If you, or someone you know, may benefit from this program, please contact the Tompkins County Department of Social Services HEAP unit, at (607)274-5264 or (607)274-5263, for more information and pre-screening of eligibility.

May is National Foster Care Month

...and Tompkins County DSS is gearing up for a Celebration to recognize the over 110 foster and adoptive parents in our County!

History and Origins of National Foster Care Month

National Foster Care Month originated in 1988 when the National Foster Parent Association persuaded then-Sen. Strom Thurmond to introduce a resolution to proclaim May as National Foster Care Month.

President George H.W. Bush issued an annual proclamation during each year of his presidency, providing an impetus for state, county and city proclamations.

The main focus of these early efforts was appreciation and recognition of the tremendous contributions of foster parents across the nation. National Foster Care Month heightens visibility for the issue and provides a strong outreach and recruitment platform for individuals and organizations working to support children and families throughout the year.

Today, the campaign spotlights the importance of permanency for the 408,000 children in foster care. We call on all Americans to do something positive that will *change a lifetime* for a youth in foster care in their own community.

Please visit www.fostercaremonth.org for ideas on ways to support this cause from spreading the word to working in the field.

WE NEED YOUR HELP!!!

FOSTER PARENT RECOGNITION EVENT



Foster Care
change a lifetime



PLEASE HELP SUPPORT FOSTER CARE IN TOMPKINS COUNTY!

We are planning an event in May, National Foster Care Month, to recognize foster parents. We have to raise 100% of the funds and want to have a great event!

We are looking for donations of:

- Cash gift (any amount would help!)
- Entertainment (face painting, music, etc.)
- Store items (e.g., cakes, food trays, gifts, flowers, gift certificates)



If you are able to help in any way, please send your donation or check to (a receipt will be issued for your tax-deductible donation):



TCDSS Foster Care
c/o Joylene Black



or

Call Coral Uettwiller @ 274-5266, Debbie McKane @ 274-5259 or Joylene Black @ 274-5610 for more information or ideas.

Locally, an event will be held at St. Paul's Church on May 23 to honor our dedicated foster parents.

This event will feature a catered dinner, local entertainment and door prizes and is made possible by the generous donations of local individuals and businesses.

If you know a foster parent, thank them today. If you are interested in more information on becoming a foster parent, please contact Coral Uettwiller at 607-274-5266. Change a lifetime today!

*Submitted by Debbie McKane, DSS
(Children's Services: Adoption and Homefinding Unit)*

Highway Highlights...

Submitted by Geri Lockwood, Administrative Assistant

Planning a Sale?

Please be aware that it is illegal to post advertisements on traffic sign posts, including stop signs. Per State of New York Codes, Rules, and Regulations Chapter 5, Section 200.1, "Limitations: No traffic control device or its support shall bear any advertising or commercial message; or any other message which is not essential to traffic control." Please keep this in mind when installing signs for your sale, and good luck!



Visions of Festivals and Orange Flags: Spring in the Finger Lakes!

Submitted by Cynthia Kloppel, Mobility Program Specialist, Tompkins DSS

The season is finally here! So many festivals to enjoy....



Here's an uber resource for quickly locating our many area events: www.visitithaca.com/events. Within seconds, you can find literally hundreds of events for your weekend and vacation plans. Traveling to festivals, or work, we will see road construction crews and flag persons thus increasing the time spent for all drivers. More time in stuck traffic, sometimes unexpectedly late & spending more money on gas. If this thought makes you grimace, could you make a change and avoid the orange flags?

New technology & other options are:

Learn in advance of road construction projects. For rural Tompkins projects, contact your town highway supervisors directly. For County road information, go to: www.tompkins-co.org/highway. Ride TCAT with an employee bus pass provided at no charge to you for Tompkins County employees. Catch the bus close to home or leave your car at a TCAT Park-N- Ride. The application form is available on the Tompkins County homepage/intranet/Employee Resources/Forms. The process is quick, and the cost savings for a 30-minute ride to work is quickly noticed as a savings in your household budget.



Find your TCAT Route information using Ride14850, a free application, works with an iPhone, iPod, or iPod Touch device and operates as a trip planner. Simply enter the starting location and destination, and the application shows possible routes. Rideshare with coworkers and/or neighbors! If finding a ridesharing match is difficult given your schedule or location, try www.Zimride.com/Tompkins. It's an easy registration which may connect you with one of the over 3,000 Zimride users in and around Tompkins County. Rider Feedback provides you with insight on your potential match to help you evaluate the matched driver or rider, and payments can be made through PayPal. If biking is an option, on May 16th, there will be breakfast stations in Ithaca for bikers. Ithaca Carshare will sponsor a biker's breakfast station at Thompson Park. To learn more about Ithaca Carshare, and sign up for their newsletters, go to www.ithacacarshare.org.



During May, Get Your Green Back is helping individuals and the community to focus on and take a step on transportation change. Together, we do impact the health of our community. Let's "Get Your GreenBack Tompkins", take a step to save money and energy: www.getyourgreenbacktompkins.org.

Help with local & regional transportation is available:

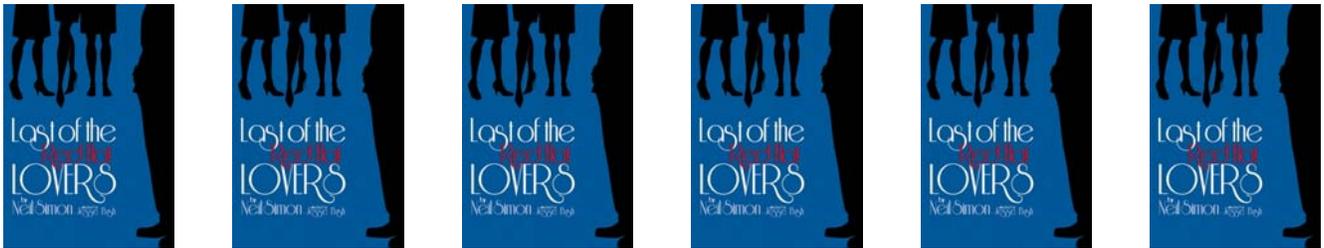
Call 211 for transportation help, 24 hours a day, 7 days a week, or chat with them at: www.hsctc.org. Way2Go, your local transportation hub, is available to help with more detailed transportation questions by phone, at (607) 272-2292, or on their website, at www.way2goinfo.org. Tompkins DSS Mobility Program serves you with information and conversations on your local and regional transportation concerns, and can be reached at (607) 274-5022, or go to: <http://tcmobilitynetwork.weebly.com/dss-mobility-program.html>

VENDING COMMITTEE

"VENDS"

Trips and/or events are available to all Tompkins County Employees & Retirees, and their families.

Hangar Theatre Play—“Last of the **Red Hot** Lovers”, Sunday, June 16, 2013



“Neil Simon's irresistible comedy follows the story of Barney Cashman, a seafood restaurateur who is deep in the throws of a mounting midlife crisis. Bored with a humdrum existence and desperate for passion and adventure, he musters the courage to join the sexual revolution before it's too late. Finding his mother's apartment empty one day a week, he embarks on a series of attempts to seduce three eccentric women. This seminal work by America's favorite playwright brings together humanity and hilarity in a fun-filled, bumpy ride of self-discovery as Barney grapples with how to stop existing in order to start living.” Source: <http://www.hangartheatre.org/events/2013-Last.html>

Cost: \$15.00 per person.

Time: 2:00 p.m.

40 Tickets: E-mail Patty Stamm, at withextraice@yahoo.com, now for reservations or for additional information.

Reservations & Payment: *Accepted through Friday, May 31st. Only 40 tickets will be available for this performance, so be sure to reserve your tickets soon!*

New York City Winter Day Trip, Saturday, December 7, 2013



Skyline



Central Park



Times Square



Shopping

Cost: \$40.00 per person.

Depart: 7:00 a.m. SHARP! (From the Tompkins County Public Works Facility on Bostwick Road.)

Arrive: Around noon, at Bryant Park (41st Street and 6th Ave.) **or** Macy's (34th St. and 7th Ave.). You're on your own to explore the vast and exciting city, and enjoy your own interests.

Depart: From Bryant Park **ONLY**, at 8:00 p.m.

Arrive: Back in Ithaca around midnight.

Minimum of 40 people needed to make this trip possible. E-mail or call Anne Drake, at adrake@tompkins-co.org or 274-6301, now for reservations or for additional information.

Reservations & Payment: *Accepted through Monday, November 18th.*

Classified Ads

Dog Dayz Inn

A place where your dog feels "at home".

Located in North Lansing
 Sandy Strehle, 315-497-3467
dogdayzinn@yahoo.com
<http://www.dogdayzinn.com>



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 LANSING, NY 14882

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 HAZARD AWARENESS INSTRUCTION

FOR SALE – 2008 VW Rabbit, 5 speed manual, red, 2-door, 38,000 miles, with 2 snow tires, heated seats, power windows, power dual side mirrors, AM/FM MP3 Player, excellent condition. \$9499. Please e-mail Squirrel@rocketmail.com.

FOR SALE – Tanning bed, asking \$700.00. Please call Lynda, at (607) 564-0652. If no answer, please leave message.

EMBRIGHT
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Karen Royce - owner

email: embright16@yahoo.com Phone # 607-664-4001
 Fax # 607-664-4001 Cell phone # 607-227-6794

Custom Embroidery for everyone's needs. We work with other businesses, organization/groups, and the general public. We can use your design or work together to come up with a design. It's a great way to advertise your business or organization, or if you just need a gift for someone. We embroider on clothing, hats, bags, and much more.



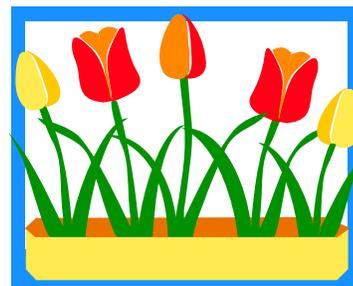
Join licensed ZUMBA instructor Nicole Bostwick every Sunday/Tuesday/Thursday
 6:00-7:00 p.m.
 Newfield Fire Station (77 Main St, Newfield, NY)
 First class is 1/2 off (\$4.00)

Strength Training Classes before every ZUMBA class.
 5:35-5:55 p.m.
 \$2.00/class

"Like" Newfield ZUMBA Fitness Class of Facebook for up to date class information.

Website: NicoleBostwick.ZUMBA.com

E-Mail: NicoleBostwickZUMBA@gmail.com



~ * * **SAVE THE DATE** * * ~

CSEA Local 855 – 2013 Employee Appreciation & Information Day (Picnic)

Date: **Saturday, June 15, 2013**

Time: 11:30 a.m. to 2:30 p.m.

(food served 12:00-1:30 p.m.)

Location: Stewart Park (large pavilion)

ALL YOU CAN EAT BBQ!

Including clams!

For any questions or concerns, please feel free to contact:

Patty Van de Bogart, at (607) 273-2108

or

Sue Wrolstad, at (607) 539-7132

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