**Age-Friendly Implementation Timeline**

*updated 4/13/18*

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| Color Code | Status |
|  | Significant progress or outcome achieved |
|  | Moderate, steady progress |
|  | Minimal or no progress |
|  | Strategy withdrawn |

**Outdoor Spaces and Buildings**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1**: **Promote a paradigm shift for creators and stewards of the built environment to view their work through an Age-Friendly lens** | *TCOFA, Ithaca College & Cornell University* |  | | |
| Task 1.1 Present Age Friendly Initiative to Tompkins County Council of Governments |  | 2017 | Discussed Age Friendly initiative, universal design & accessibility with TCCOG co-chairs in 2017. |  |
| Task 1.2 Provide training seminar inviting members of the Tompkins County Council of Government and reach 2 municipalities |  | 2017 | Applied for AARP grant to host in-depth training in 2017 but did not receive funding. Pending grant application for 2018. |  |
| Task 1.3 Work in greater depth with 2 municipalities to implement Age-Friendly concepts in planning and zoning efforts |  | 2018-2019 | Pending grant application for 2018 to host training |  |
| **Goal 2: Improve outdoor spaces and buildings to ensure the safety, accessibility and visitability by the continua of ages, abilities, and incomes by removing unnecessary barriers to functioning through informed design.** | *TCOFA, Ithaca College & Cornell University* |  | | |
| Task 2.1 Partner with City of Ithaca Disability Advisory Committee (DAC) on shared priorities |  | 2016-2019 | The Age-Friendly Sidewalks Program conducted a Community Survey of Sidewalk Accessibility with older adults at McGraw House, Titus Towers, Beechtree Rehabilitation Center in Spring 2016 |  |
| Task 2.2 Engage student groups to conduct an assessment of at least one priority area among downtown Ithaca’s buildings and outdoor spaces |  | 2017 | In spring 2016, Ithaca college students assessed five large and five small local businesses on accessibility to elders. They also conducted a study in spring 2017, investigating what elders thought about those businesses. |  |
| Task 2.3 Develop a list of best practices for buildings and outdoor spaces for those working in these areas |  | 2018 |  |  |
| Task 2.4 Meet with the Downtown Ithaca Alliance, Tompkins County Visitors Bureau and Chamber of Commerce to share findings and best practices |  | 2018 |  |  |
| **Goal 3: Promote the walkability of our communities (by addressing connectivity, quality and presence of sidewalks, safety from crime, weather, and falls).** | *Office for the Aging Advisory Committee, Tompkins County Planning Department, Ithaca College, Cornell University and TC3* |  | | |
| Task 3.1 Work with the City of Ithaca and one other municipality to conduct a walkability survey |  | 2018-2019 |  |  |
| Task 3.2 Work with Tompkins County Planning Department on sidewalk inventory and Healthy Communities Strategy |  | 2017-2019 |  |  |

**Housing**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: Educate and disseminate information regarding accessibility and visitability in design for new housing development** | *Tompkins County Office for the Aging* |  | | |
| Task 1.1 Offer educational session on accessibility and visitability to the Tompkins County Council of Governments |  | 2017 | Discussed Age Friendly initiative, universal design & accessibility with TCCOG co-chairs in 2017. |  |
| Task 1.2 Provide in-depth training seminar inviting the Tompkins County Council of Government and 2 other municipalities |  | 2017 | Applied for AARP grant to host in -depth training in 2017 but did not receive funding. Pending grant application for 2018. |  |
| Task 1.3 Utilize the Office for the Aging’s website as a go-to resource |  | 2017-2019 | TCOFA website updated in 2017 to include Housing Guides and maps to all senior housing options. Pending grant application for 2018 to restructure website. |  |
| **Goal 2: Advocate for the development of additional accessible affordable housing to meet housing needs across the lifespan.** | *Tompkins County Office for the Aging, Tompkins County Planning Department* |  | | |
| Task 2.1 Meet with municipal officials and developers to inform them about the housing needs of older adults in order to make the development of affordable accessible housing a priority. |  | 2016-2017 | TCOFA Director presented to County Planning Development Committee in Oct. 2016; Senior housing needs documented in Tompkins County Planning Department’s Tompkins County Housing Strategy 6/29/17; TCOFA Director presented to County Legislature’s Health & Human Services Committee on TCOFA’s housing activities on 11/20/17 and on senior housing options in Tompkins County on 3/12/18. |  |
| Task 2.2 Conduct housing needs/preferences surveys and senior housing occupancy surveys |  | 2018 | Senior Housing occupancy/wait list survey conducted in March 2017 |  |
| **Goal 3: Advocate for additional home repair funding to enable lower income older adults to age in place.** | *Tompkins County Office for the Aging, INHS/Better Housing for Tompkins County* |  | | |
| Task 3.1 Apply for home repair grant funds for low income homeowners |  | 2016-2019 |  |  |
| Task 3.2 Target additional flexible funds such as Community Services for the Elderly (CSE) funds |  | 2016-2019 | TCOFA targeted Community Services for the Elderly funds in 2016 and 2017 |  |
| Task 3.3 Solicit donated funds and materials for home repairs from local businesses and chain stores to make limited funding go further |  | 2016-2019 | Plans to solicit materials and funds from Home Depot, Lowes and Walmart |  |

**Transportation**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: Generate broader interest and acceptance of the vision of an integrated transportation system** | *Tompkins County Coordinated Transportation Planning Committee; Cooperative Extension Way2Go Program* |  | | |
| Task 1.1 Discuss, catalyze and support the creation of an alliance for integrating transportation services |  | 2016 | Integration of transportation services was the topic of coordinated plan meetings in 2016 and 2017 |  |
| Task 1.2 Establish/ facilitate a working group of key stakeholders to develop and organize support for an integrated transportation system. |  | 2017-2019 | Partners from coordinated plan are working together on integrated transportation; Presentation to Gadabout Board in January 2017 |  |
| Task 1.3 Explore feasibility of Mobility as a Service (MaaS) in Tompkins County, and apply for NYSERDA Grant for feasibility study. |  | 2017 | Presentation to Mobility as a Service to Tompkins County Health and Human Services Committee on Feb. 15, 2017; FTA planning grant submitted 3/21/18 |  |
| **Goal 2: Increase awareness, utilization and integration of existing services such as Gadabout, FISH, Love Living at Home and other senior transportation providers** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Convene leaders of volunteer transportation providers to discuss current services and trends |  | 2017 | Way2Go convened volunteer transportation providers on 4/12/18 |  |
| Task 2.2 Develop communications plan to increase ridership and increase number of volunteer drivers |  | 2017-2019 | Gadabout conducting outreach to increase ridership and volunteer drivers |  |
| **Goal 3: Raise awareness of programs that bring services and support TO people. Explore and develop additional services** | *Tompkins County Office for the Aging, 211* |  | | |
| Task 3.1 Research and document existing programs in Tompkins County |  | 2017 | TCOFA staff and interns researched and documented existing programs 3/2018 |  |
| Task 3.2 Publicize service list to increase the utilization of these services |  | 2018-2019 | List of grocery and pharmacy delivery options printed in Senior Circle winter 2018 edition; United Medical House Calls presentation at Aging Services Network 2/9/2018; grocery and pharmacy delivery options included in TCOFA’s 2018 Long Term Care Services Resource Guide; grocery and pharmacy delivery discussed at Senior Living Expo presentation 4/8/2018 |  |

**Employment and Civic Participation**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: Support transition planning for soon-to-be and new retirees.** |  | | | |
| Task 1.1 Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program. Utilize Lifelong’s weekly e-mail blast, the monthly Volunteers Connected newsletter as well as the Senior Circle newsletter. | United Way and Lifelong | 2016-2019 | Lifelong Aging Services Network Presentation April 2016; Regular volunteer opportunities column in Senior Circle newsletter; regular updates in Lifelong’s weekly e-mail blasts |  |
| Task 1.2 Offer a minimum of 4 in-person presentations to senior groups regarding volunteer opportunities within the community. | Lifelong | 2016-2019 | Aging Services Network Presentation April 2016; Volunteer opportunities in Senior Circle, including Ombudsman Program in May 2016, Energy Navigator program in March 2016 and Gadabout in November 2016 |  |
| Task 1.3 Offer at least one training to local non-profit organizations on how to recruit, train and manage older adult volunteers | Human Services Coalition | 2018 | “Successful Volunteer Management: Recruit, Retain, Reward, Repurpose” with Deb Molenoff 11/2/17; “Managing the Multigenerational Workforce" with Jesan Sorrells 11/29/17 |  |
| **Goal 2: Support older adults seeking employment opportunities** |  | | | |
| Task 2.1 Publicize Workforce New York as a hub of support for older workers, assisting with resume writing, technology, part-time employment opportunities, workshops and other employment-related services. Include a minimum of 2 articles per year in the Senior Circle newsletter, 2 annual Facebook posts, and 2 articles in TCOFA’s online newsletter using Constant Contact. | Tompkins County Office for the Aging, Workforce NY | 2016-2019 | Article in Spring 2017 issue of Senior Circle |  |
| Task 2.2 Share information on local agencies which offer alternative options including those that promote barter systems, cooperative volunteer banks, time trading programs and/or other similar programs. Include one article per year in the Senior Circle newsletter, one Facebook post per year, and one article in TOCFA’s online newsletter using Constant Contact. | Tompkins County Office for the Aging | 2016-2019 | Article in Spring 2017 issue of Senior Circle |  |

**Culture of Respect and Inclusion**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: *Age-Friendly Protection Efforts:* Enforcement of age-based anti-discrimination protections (i.e., local, state, federal human/civil rights laws).** | *Tompkins County Office of Human Rights* |  | | |
| Task 1.1 Respond to the public’s complaints of age discrimination in employment, housing, and public accommodation. |  | 2016-2019 | Filed Complaints Related to Age Employment: 3; Housing: 2; PA: 0 |  |
| Task 1.2 Address accessibility-based violations, in both public and private settings |  | 2016-2019 | Accessibility Consultations/ Intakes related to Housing: 18; PA: 20 |  |
| Task 1.3 Track and ensure requests for reasonable accommodation for seniors and persons with disabilities are addressed appropriately |  | 2016-2019 | RA Request Assistance/ Denials related to Employment: 15/12 Housing: 13/7 |  |
| Task 1.4 Enforce senior citizen lease termination protections |  | 2016-2019 | No cases in 2016 |  |
| Task 1.5 Reduce or eliminate discriminatory housing ads and steering tactics |  | 2016-2019 | Weekly auditing of real estate/housing advertisings |  |
| Task 1.6 Identify and address exclusionary public policies based on age |  | 2016-2019 | No such policies identified 2016 |  |
| **Goal 2: *Age-Friendly Promotion Efforts:* Creating opportunities for collaboration, healing, bridge-building, dialogue, and celebration among all age categories.** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Offer county-wide fair housing/equal opportunity employment workshops |  | 2018 | Human Rights Presentations related to Employment: 6; Housing/PA: 8; TCOFA participated on Ithaca Board of Realtors Fair Housing panel presentations in 4/2017 and 4/2018 |  |
| Task 2.2 Develop or join one annual jointly-sponsored community celebration that highlights and provides multi-generational benefits |  | 2017-2019 | TCOFA and partners participated in Streets Alive! on 9/17/17, publicized event to encourage Titus Towers, Beechtree and McGraw House residents to attend; offered adult tricycles for the public to try; took videos of participants of all ages discussing: “What Does Age Friendly Mean to You?” |  |

**Communication and Information**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: *Promote Age Friendly Ithaca/Tompkins.*** | *Age Friendly Steering Committee* |  | | |
| Task 1.1 Form an Age Friendly Tompkins/Ithaca Community Coalition |  | 2016 | Age Friendly Steering Committee |  |
| Task 1.2 Develop outreach campaign |  | 2017-2019 | Discussed plan for increased social media presence and multigenerational events at Age Friendly Steering Committee meeting 11/28/16; Guest editorials on Age Friendly in Ithaca Journal by TCOFA Director in 3/2015 and 3/2018; through Aging by Design planning grant, developed Age Friendly Ithaca and Tompkins County logo 4/2018; grant for implementation of outreach and community engagement campaign pending 2018 |  |
| **Goal 2: Ensure that elders have access to information and communication resources.** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Promote the Tompkins County Office for Aging/NY Connects program |  | 2016-2019 | NY Connects regularly promoted in quarterly Senior Circle newsletter |  |
| Task 2.2 Mount a multi-pronged approach |  | 2016-2019 | Used social media, the Senior Notebook TV show, and radio to communicate with older adults |  |
| Task 2.3 Promote effective public information and consumer education |  | 2016-2019 | Developed/implemented public information/education plan for 2016, 2017, 2018 |  |
| **Goal 3: Provide educational opportunities to improve the computer and communication technology skills of older adults who wish to learn.** | *Lifelong and Ithaca College* |  | | |
| Task 3.1 Pair Ithaca College students with older adults who wish to learn about technology through Lifelong’s learning lab |  | 2016-2019 | In 2017, 80-85 Ithaca College Occupational Therapy graduate students, Aging Studies Age Matters students, and Park Scholar Media Club students provided one-to-one and small group instruction to elders at 6 Tompkins County locations including Lifelong, McGraw House, Titus Towers, Longview, and Kendal. |  |
| **Goal 4: Utilize points of entry and trusted community organizations to provide outreach to raise awareness of issues of importance to older adults** | *Tompkins County Office for the Aging* |  |  |  |
| Task 4.1 Inform human resources professionals about services for retirees and caregivers |  | 2017 | The Ithaca College Gerontology Institute Family Caregiver Resource page:  <http://www.ithaca.edu/gerontology/caregiverresources/> |  |
| Task 4.2 Promote Workforce New York as a hub of support for older workers |  | 2017-2019 | Article in Spring 2017 issue of Senior Circle |  |
| Task 4.3 Promote long-term and short-term community volunteer opportunities. Promote local agencies which offer alternative options |  | 2017-2019 | Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program through Lifelong’s weekly e-mail blast, the monthly Volunteers Connected newsletter and the Senior Circle newsletter. |  |
| Task 4.4 Reach out through the clinically integrated network of providers and Guthrie |  | 2017-2019 | Plan for outreach on falls prevention in summer 2018; Aging by Design Implementation Grant pending for outreach and engagement campaign, 2018 |  |
| Task 4.5 Utilize the Fingerlakes Office Managers Association |  | 2017-2019 | Plan for outreach on falls prevention in summer 2018; Aging by Design Implementation Grant pending for outreach and engagement campaign, 2018 |  |
| Task 4.6 Educate patients and caregivers to make informed decisions |  | 2017-2019 | Finger Lakes Geriatric Education Center training at Brookdale: Partners in Care Assisted Living: Cooperative Communication Between Families and Staff—7/7/16 & 9/16/16 for staff, 7/17/16 for Family Caregivers; “Health Literacy: Communicating with Your Health Care Provider training at Longview” 2/25/16; Health Literacy training to public, students and providers winter/spring 2018 |  |
| Task 4.7 Assist individuals in planning ahead to pay for long term care |  | 2016-2019 | Senior Living Expo 2016, 2017, 2018  Free event with over 30 exhibitors and presentations on Long Term Care;  Senior Circle newsletter article on help paying for care in Fall 2016 |  |
| Task 4.8 Raise awareness about advance directives, palliative care, and hospice services |  | 2016-2019 | Palliative and End of Life Care Project: Community Report on survey conducted in Finger Lakes and Southern Tier in spring 2015 by Elizabeth J. Bergman and IC students; Ithaca Journal headline article "What You Should Know about Palliative Care," including interview with Professor Elizabeth Bergman, was published on 2/22/16; Ithaca College Gerontology Institute workshops: “Recognizing the Value of Advance Care Planning and MOLST/eMOLST” on 9/29/15, “Palliative Care: Research and Practice” on 4/20/16, and “Racially-Associated Disparities in Hospice and Palliative Care Access: Can We Move the Needle?” on 2/13/17; Palliative Care Conference at Ithaca College on 4/5/17; eMOLST training 2/7/18; FLGEC Healthy Aging in Rural NY conference 4/18/18. |  |
| Task 4.9 Raise the general awareness of aging and long term care issues among philanthropic organizations |  | 2018 | Community Foundation of Tompkins County Roundtable on Aging 10/12/17 |  |
| Task 4.10 Promote tools to support informal care networks |  | 2016-2019 | Caregivers Resource Center newsletter article on Caring Bridge and Lotsa Helping Hands websites in Winter 2017; Lifelong panel discussion including how to form a “Share the Care” network 1/16/18 |  |
| Task 4.11 Convey practical and timely information to individuals and families about scams, magazine subscriptions, and over-solicitation |  | 2016-2019 | Senior Circle newsletter scam article included quarterly; current scams noted on TCOFA website |  |
| Task 4.12 Promote presentations by the Attorney General’s Office about scams |  | 2016-2019 | Promoted session on 7/12/18 at Cooperative Extension |  |
| Task 4.13 Raise awareness among older adults about elder abuse and financial abuse |  | 2017-2019 | Ithaca College Gerontology Institute workshop “Elder Abuse: Prevalence, Process, and Prevention” 3/21/17; Adult Protective Services presentation to TCOFA Advisory Committee on 3/27/17 |  |
| Task 4.14 Consult with an elder law attorney about the Medicaid five year look-back period |  | 2017 | Aging Services Network Presentation by Marcie Finlay, elder law attorney on Medicaid Trusts 9/9/16 |  |
| Task 4.15 Include information about financial exploitation, abuse, and scams when providing outreach |  | 2016-2019 | NYSEG scam alert issued on Tompkins County Office for the Aging website; Scams covered in the Senior Circle August 2016 and Winter 2015-16 issues, and financial exploitation in the May 2016 issue; Information on scams available at Tompkins County Office for the Aging |  |

**Community Support and Health Services**

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| **Goal 1: Ensure that the approach to discharge planning (including discharges to institutional settings) is well coordinated and connected with available community resources.** | *Health Planning Council* |  | | |
| Task 1.1 Host biannual discharge planning network luncheons |  | 2016-2019 | Discharge planning network luncheons held 10/6/16, 4/12/17, 10/4/17, 4/17/18 |  |
| Task 1.2 Encourage the use of electronic medical records (including electronic medical orders for life sustaining treatment or e-MOLST) by community based organizations. Offer training to community based organizations to enhance staff awareness and capacity for electronic medical records. |  | 2017 | Ithaca College Gerontology Institute workshop: “Recognizing the Value of Advance Care Planning and MOLST/eMOLST” on 9/29/15; Care Compass Network eMOLST presentation 2/7/18 |  |
| Task 1.3 Monitor and inform the community about Delivery System Reform Incentive Program |  | 2016-2019 | Standing agenda at Health Planning Council Board Meetings in 2016; Long Term Care Committee Meeting in February 2017 |  |
| **Goal 2: Support caregivers and patient-advocates during discharge from hospital to home.** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Offer training to family and caregivers regarding hands-on needs |  | 2016-2019 | Hands-on care family caregiver training held by TCOFA and Ithaca College OT 3/2016 and 2/2017; presentation and demonstrations with Ithaca College OT Department at 2017 Senior Living Expo; instructional videos posted to TCOFA’s website 2017 |  |
| Task 2.2 Advocate for increased funding for respite care for caregivers |  | 2016-2019 | Alzheimer’s Association additional funding for Respite care for dementia caregivers starting 7/2016- 2019 |  |
| **Goal 3: Elevate the way our community values and honors personal care aides on a professional level, including how they are treated, as well as the income, benefits and training they receive.** | *Visiting Nurse Services* |  | | |
| Task 3.1 Educate and assist home health organizations |  | 2016 | Finger Lakes Geriatric Education Center training at Ithaca College “Superskilled! Reducing Turnover and Increasing Retention Train-the-Trainer” on  10/13/16 and 4/28/17; TCOFA letter of support for BOCES community aide training grant with NYSED 3/20/18 |  |
| Task 3.2 Host a recognition luncheon for home health aides |  | 2016-2019 | HHA recognition events held on 10/16/16 and 11/16/17 |  |
| Task 3.3 Advocate for a living wage and funding |  | 2016-2019 | Tompkins County joined New York State Health Care Crisis Campaign in 2017; oral and written testimony at Public Hearing before NYS Assembly’s Committees on Health, Aging, Labor and Taskforce on Disabilities 2/27/17; TCOFA active on Tompkins County living wage task force 2018; TCOFA partnering with NYSOFA and Cornell Institute for Public Affairs on student capstone project on a business case for living wage for home care workers; TCOFA included up to 5% reimbursement for aide wage increases in 2018 home care contracts |  |
| **Goal 4: Advocate for the following programs and services within Tompkins County which are currently unavailable and for which there is a significant community need:**  **1) A Medicaid funded Assisted Living Program (ALP);**  **2) A Medical Model Adult Day Program to assist individuals and caregivers with long-term care needs;**  **3) Additional units of secure and affordable dementia care** | *Tompkins County Office for the Aging* |  | | |
| Task 4.1 Educate state and local legislators and officials at the NYSDOH |  | 2016-2019 | TCOFA Director sent letter to NYSDOH regarding need for Medicaid Assisted Living Program in Tompkins County, 2/2017; TCOFA Director educated new County Legislators on need for ALP beds in Tompkins County on 1/22/18; TCOFA Director met with Assemblywoman Donna Lupardo, Chair, Aging Committee regarding additional ALP beds in 2018 NYS Budget 2/2/18 |  |
| Task 4.2 Write letters of support and provide oral and written testimony |  | 2016-2019 | TCOFA Director sent letter to NYSDOH regarding need for Medicaid Assisted Living Program in Tompkins County, 2/2017; TCOFA Director educated new County Legislators on need for ALP beds in Tompkins County on 1/22/18; TCOFA Director met with Assemblywoman Donna Lupardo, Chair, Aging Committee regarding additional ALP beds in 2018 NYS Budget 2/2/18 |  |
| **Goal 5: Promote the seniors helping seniors concept through supporting the establishment of a “village” in Tompkins County.** | *Tompkins County Office for the Aging*  *and Love Living at Home* |  | | |
| Task 5.1 Ensure that Love Living at Home is well integrated with the Office for the Aging |  | 2016-2019 | TCOFA, Lifelong and Love Living at Home collaboration on public Atul Gawande telecast at Cinemapolis 9/25/17; coordinated Aging Well in Community series of presentations at Lifelong on 1/16/18, 2/20/18 & 3/20/18 |  |
| Task 5.2 Explore ways in which similar services may be made available to rural areas |  | 2016-2019 | Love Living at Home is available throughout Tompkins Country, including rural areas. |  |
| **Goal 6: Ensure training is available for health care professionals and social workers regarding geriatric and psychological issues.** | *Ithaca College Gerontology Institute and Health Planning Council* |  | | |
| Task 6.1 Disseminate information about geriatric training for primary care physicians and CEUs for social workers. |  | 2017-2019 | Finger Lakes Geriatric Education Center Rural Summit at the State Society on Aging New York (SSANY) Conference  on 1026/16 at Ithaca College (CEU’s for social workers and physicians certified through UR)  Ithaca College Gerontology Institute workshops at the State Society on Aging New York (SSANY) Conference on 10/27 -28/16 at Ithaca College (CEU’s for social workers certified through Family & Children’s Services): Expressive Arts in Counseling Psychotherapy; Attachment-Focused Integrative Reminiscence (Life Writing): Theory, Methods, Skills, and Phenomenological Experience; Skilled Listening and Writing for Story: From Reminiscence to Story-Work with Elders' Stories |  |