KN95 MASKS

KN95 Masks Add Protection for You and Your Family

When to wear a KN95 mask

- When you are indoors and around others, especially those who are ill or not yet vaccinated.
- If it will be crowded or if masks are required.

How to wear a KN95 mask

KN95 masks that fit tightly to your face will stop the virus.

- Ensure a good seal around your cheeks and adjust nose clip for a close fit.
- A tight seal stops air flow through sides of the mask – the mask is designed to filter the air you breathe in and out.
- KN95 masks are recommended for one-time use but can be used until they are dirty, stretched, or no longer provide a tight seal.

More Info

For a video on how to effectively wear a KN95, and other mask information, scan this code.

TOMPKINS COUNTY
HEALTH
DEPARTMENT
Your Partner for a Healthy Community

tompkinscountyny.gov/health

COVID-19 Safety Tips

Keeping You and Your Family Protected

Stay home if you're sick

- Seek testing: if positive, isolate at home for at least 5 days and wear a mask for an additional 5 days.
- Report self-tests online at bit.ly/report-positive-tests.

Get vaccinated, get boosted

- Vaccination reduces the severity of illness. Find out where to get the vaccine at bit.ly/covid19-popup.

Stay safe in public spaces

- Wear a mask when you go indoors.
- Avoid crowded places.
- Wash your hands well & often.

Stay informed

- Sign up for email alerts at bit.ly/get-tompkins-updates.

Call 2-1-1 for assistance

- Schedule for testing, find a vaccination appointment, complete online forms! 2-1-1 helps connect you to these and many other services. Call 2-1-1 (1-877-211-8667), Monday-Friday, 8:30am-5:00pm.

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