

Tompkins County Office for the Aging

Annual Luncheon
Friday, May 15, 2026
12pm-2pm

Keynote Speaker

Karen Brown, MA
Health Literacy Consultant

“Don’t Be Dismissed: The Power of Advocacy in Healthcare”

Certificates of appreciation will be awarded to 2 outstanding volunteers.

The Hotel Ithaca
222 South Cayuga St., Ithaca, NY 14850

Meal Choices:

Gluten Free Cavatappi Primavera

Cavatappi pasta tossed with grilled julienne vegetables and sundried tomato pesto

Chicken Piccata

Lightly floured boneless chicken breast served with light lemon-butter and capers

Parmesan Encrusted Haddock

Tender filet baked with panko breadcrumbs and parmesan cheese

\$25.00 includes tax and tip

All entrées served with salad of mixed field greens, rice pilaf, vegetable, and warm rolls .

Lunch served with coffee, hot tea, decaf and iced tea.

Reservations Required

Please RSVP by Friday, April 24, 2026

607-274-5450 or email cbullis@tompkins-co.org

Name _____ Phone _____

Entrée Choice _____

Please make checks payable to: Office for the Aging

214 W. MLK Jr./State Street, Ithaca, NY 14850