



The 2025 Medicare Open Enrollment Clinics

Annual Election Period at Lifelong

119 West Court Street, Ithaca



HIICAP
Health Insurance Information,
Counseling and Assistance
Program

Ask questions about Medicare and Medicare Advantage plans, Medigap, and coordination of benefits. Explore ways to save money on premiums and medications. Compare options and select the best match for YOU!

Certified HIICAP counselors offer **free**, non-biased 1:1 health insurance counseling on a first-come, first-serve basis, on the following clinic dates:

Monday, October 27, 1 to 4pm

Tuesday, November 4, 9am to noon

Monday, November 10, 1 to 4pm

Monday, November 17, 9am to noon

Monday, December 1, 1-4pm

**NEW WALK-INS NOT ACCEPTED 30 MINUTES BEFORE A
CLINIC ENDS**

**Limited scheduled appointments also available on the following dates:
10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 12/3**

Call Lifelong at 273-1511 for more information.

Please bring the following with you:

- * List of your prescriptions, dosages/frequency
- * Your Medicare card
- * Any other health insurance cards or information
- * Documentation of monthly or annual income

Tompkin's County HIICAP is funded by the Tompkins County Office for the Aging