

TOMPKINS COUNTY OFFICE FOR THE AGING

Join Us!!!

2026 SENIOR LIVING EXPO

Join us for our 2026 annual Senior Living Expo.

- Free event with vendors from over 30 community agencies
- *What Does COFA Do?* A panel discussion by our very own staff
- 10-minute fall risk screenings by physical therapists from Reilley Physical Therapy will be conducted using a few questions and tests to evaluate your balance, strength and mobility.

Event Date:

29 SEPTEMBER, 2026



Event Hours:

2:00PM - 5:00PM



Event Location:

**HOTEL ITHACA
222 S CAYUGA ST**



**CALL 607-274-5450
FOR MORE DETAILS**

