

Tompkins County
COMMUNITY MENTAL HEALTH SERVICES BOARD

Tompkins County Whole Health
201 East Green Street
Ithaca, New York 14850-5421

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Tompkins County Mental Health Subcommittee Meeting
Tuesday, July 21, 2026, @ 1:00 – 2:30 p.m.
Via Zoom

Agenda

<u>TIME</u>	<u>ITEM</u>
1:00 p.m.	Call to Order Introductions Approval of the June 2026 Minutes Privilege of the Floor & Announcements
1:10 p.m.	Discussion: Overview and Resource Sharing: A System Under Strain Mary Maruscak, Whole Health Planner Tompkins County Whole Health Mental Health
1:40 p.m.	The Science Behind Childhood Trauma in Adulthood Ben Komar
2:30 p.m.	Adjourn

The Next Meeting is on Tuesday, September 15, 2026, at 1 pm