



Tompkins County
COMMUNITY MENTAL HEALTH SERVICES BOARD
Tompkins County Whole Health
201 East Green Street
Ithaca, New York 14850-5421

Jan Lynch, Chair

Sheila McEnery, Vice Chair

Jennie Sutcliffe; Commissioner

Harmony Ayers-Friedlander,
Deputy Commissioner/Director of Community Services

Larry Roberts, Chair,
Mental Health Subcommittee

James Beaumont and Jeff Boles, Co-Chairs,
Developmental Disabilities Subcommittee

Jacob Parker-Carver, Chair
Substance Use Subcommittee

Substance Use Subcommittee Meeting Agenda
Wednesday, January 14, 2026, from 12:00 – 1:00 p.m.
Via Zoom

Tompkins County Whole Health
201 East Green Street, Ithaca, NY 14850

MEMBERS: Please email kpalazzo@tompkins-co.org if unable to attend

- 12:00 p.m. Call to Order
Introductions
Approval of the October, November, and December 2025 Minutes
Privilege of the Floor
Correspondence / Announcements
- 12:10 p.m. Discussions
- Disparities in Social Health Needs & Healthcare in Tompkins County Cont'd.
Harmony Ayers-Friedlander, Tompkins County Director of Community Services
- Medetomidine's Growing Presence
- Suggestions for Community Events and Activities to Raise Awareness in the Community about
Substance Use Issues and Concerns – Group Discussion
- 12:45 pm Provider Updates
- 1:00 p.m. Adjourn

The next Substance Use Subcommittee Meeting is
February 11th, 2026, at 12 Noon