

Tompkins County WIC Clinic Appointment Times

Appointments can be in person or remote via phone. Call to inquire, 607-274-6630.

2026 APRIL

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	01 Salvation Army Downtown Ithaca 9:30-3:15 & TC Whole Health 8:45-4:00	02 TC Whole Health 1:00-4:00	03 TC Whole Health 1:00-4:00
06 TC Whole Health 8:45-4:00	07 TC Whole Health 8:45-6:45	08 Appointments Available 8:45-4:00	09 Groton, TC Action Child Care Center 9:30-3:15 & TC Whole Health 8:45-4:00	10 TC Whole Health 8:45-4:00
13 TC Whole Health 8:45-4:00	14 TC Whole Health 8:45-6:45	15 Salvation Army Downtown Ithaca 9:30-3:15 & TC Whole Health 8:45-4:00	16 TC Whole Health 8:45-12:00	17 TC Whole Health 8:45-4:00
20 TC Whole Health 8:45-4:00	21 TC Whole Health 8:45-6:45	22 Appointments Available 8:45-4:00	23 Jacksonville United Methodist Church 9:30- 3:15 & TC Whole Health 8:45-4:00	24 TC Whole Health 8:45-4:00
27 TC Whole Health 8:45-4:00	28 TC Whole Health 8:45-6:45	29 No appointments- Staff Development	30 TC Whole Health 8:45-4:00	01
04	05	06	07	08



55 Brown Rd., Ithaca, NY 14850
tompskinscountyny.gov/health/wic
wic@tompskins-co.org
 607-274-6630

Scan this QR code for WIC clinic site addresses and maps.