

Senior Farmers' Market Nutrition Program (SFMNP) 2022



Farmer's Market Coupons have arrived!

Senior Farmer's Market Coupons will be available for distribution from the Office for the Aging starting Friday, July 8, 2022.

The coupon booklets include five \$5 coupons, for a total of \$25. Coupon booklets are given out on a first come, first-serve basis. Recipients must be age 60 or over, have not received coupons from anywhere else, and sign for and affirm that they are low-income based on the following criteria:

- Gross monthly income at or below 185% of Federal Poverty Guidelines:
 - \$2096/month for a one-person household; or
 - \$2823/month for a two-person household; or
 - \$3551/month for a three-person household.

A POA or Proxy can pick up coupons, sign, and attest on a recipient's behalf, if they provide the POA document and if not the POA, complete the proxy form.

The coupons can be used at any participating market, with any participating vendor. Participating vendors will have signs indicating that they accept the coupons. The coupons can only be used to purchase *fresh, local, unprocessed fruits, vegetables, and culinary herbs*. Recipients can have someone else redeem the coupons for them if they cannot travel to a farmer's market themselves.

Additional distribution tables will be held at local food pantries and the Senior Housing complexes. For more information on when and where the coupons will be distributed, or if you are having difficulty accessing our office, call the Tompkins County Office for the Aging at 607-274-5482.