

2021 Program Report Card: Teen Pregnancy and Parenting Supports

Achieving Youth Results (AYR) Goal:

Families will provide children with safe, stable, and nurturing environments.

Program: Teen Pregnancy and Parenting Program (TP3)

Agency: Child Development Council

CLIENTS:

Young people 14-21 who are pregnant or parenting

PARTNERS:

WIC, MOMS+, Area food pantries, multiple social service organizations, Tompkins County DSS, Cornell Cooperative Extension, Tompkins Community Action, middle and high schools, Northeast Pediatrics, Cayuga Medical, OBGYN and Midwifery Associates, Head Start, Finger Lakes Library System, Tompkins County Health Department

RESULTS BASED ACCOUNTABILITY HEADLINE PERFORMANCE MEASURES



THE STORY BEHIND THE DATA

GRAPH 1: # **of youth served** - Enrollment has been steadily declining since 2013, however a small increase in participants is expected as referral programs open up again after Covid-19. Covid reduced the number of referrals received for all programs. Outreach to middle and high school students has been paused, and the MOMS+ program has not been active, and many TP3 referrals typically come from this program.

GRAPH 2: % parents avoiding foster care placement for their children – We will maintain a rate of 100% of parents avoiding foster care placement of their children. The TP3 team recognizes the strengths of families and partners with them to strengthen and increase their support networks. Case management, advocacy, transportation, and consistently meeting the basic needs of families are all services provided by TP3 staff, promoting family well-being and stability. The TP3 Team also provides consistent monthly visits, at a minimum, to support knowledge of child development and understanding children's needs.

GRAPH 3: % **of children who are meeting developmental milestones as measured by Ages and Stages Assessment** – It is predicted that this percentage will increase as the program is able to return to regular, in-person home visits, once the risk of Covid transmission decreases. Covid has forced services to be conducted virtually and by phone, making it more difficult to complete ASQs accurately. Lastly, some program participants were not as engaged due to the stress and instability they faced during the pandemic.

AGENCY ACTION PLAN TO "TURN THE CURVE"

2022 Action Plan

HOW MUCH

- Larger sign in front of building so individuals know what services are provided, and outreach to Mental Health, Family Services, WOC, TC3, RAS, and table at local schools.
- Raise the age limit in TP3 to age 24 instead of age 22.
- Parenting groups for young parents that will be held in community spaces to reduce transportation barriers, structured with topics and small giveaways for participants.

BETTER OFF

- More intentional outreach and language centered around father figures.
- Groups for young parents to give and receive peer support.
- Preparing for baby program that includes the information on attachment, breastfeeding, child development, sleep, crying, etc.

BETTER OFF

- Develop activity packets that include materials for ASQs that are fun and make children excited about engaging in the task.
- Staff will have more discussions with parents about the importance of ASQs and what they can learn from their children by participating. Staff will help build excitement about what skills children are likely to develop next.
- Provide age-appropriate materials that can be used to support development of skills.

2021 Action Plan & Status

HOW MUCH

- Update CPS/DSS, Health Department, MOMS, WIC, on our services since some may need a refresher after months of dealing with COVID. ↑ Accomplished
- Update school nurses and social workers about our services in preparation for an increase in teen pregnancies. ↓ Not Accomplished due to ongoing Covid concerns
- Increase information available in the community for those not connected with schools.
 ←
 In Process

BETTER OFF

- Continue offering high quality services to teen parents and offer warm hand offs to other agencies that may also be able to support their other needs. ↑ Accomplished and ongoing
- Continue to provide more frequent visits when a family needs extra supports.
 Accomplished and ongoing based on need
- Seek funding to offer support for basic needs such as laundry money, garbage tags, and phone cards. ↑ Accomplished and ongoing based on need

BETTER OFF

- Provide activity kits for families to enjoy on their own or use during visits.
 Accomplished
- Encourage families to read, talk, sing, and play with their child every day and provide specific, age-appropriate activities they can enjoy together. \(^1\) Accomplished and ongoing
- Create newsletter with activity suggestions and parenting support to enrolled participants in the community. ↑ Accomplished and ongoing