

## Age-Friendly Implementation Timeline

*updated 9/25/20*

Color Code	Status
	Significant progress or outcome achieved
	Moderate, steady progress
	Minimal or no progress
	Strategy withdrawn

### Outdoor Spaces and Buildings

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
<b>Goal 1: Promote a paradigm shift for creators and stewards of the built environment to view their work through an Age-Friendly lens</b>	<i>TCOFA, Ithaca College &amp; Cornell University</i>			
Task 1.1 Present Age Friendly Initiative to Tompkins County Council of Governments		2017	Discussed Age Friendly initiative, universal design & accessibility with TCCOG co-chairs in 2017.	
Task 1.2 Provide training seminar inviting members of the Tompkins County Council of Government and reach 2 municipalities		2017	Applied for AARP grant to host in-depth training in 2017 but did not receive funding. Universal Design Panel Discussion 6/18/18.	
Task 1.3 Work in greater depth with 2 municipalities to implement Age-Friendly concepts in planning and zoning efforts		2018-2019	In 2020, CU interns have evaluated 2 municipal comprehensive plans to identify best practices	

<p><b>Goal 2: Improve outdoor spaces and buildings to ensure the safety, accessibility and visitability by the continua of ages, abilities, and incomes by removing unnecessary barriers to functioning through informed design.</b></p>	<p><i>TCOFA, Ithaca College &amp; Cornell University</i></p>			
<p>Task 2.1 Partner with City of Ithaca Disability Advisory Committee (DAC) on shared priorities</p> <p>This committee no longer exists; dissolved in 2019</p>		<p>2016-2019</p>	<p>The Age-Friendly Sidewalks Program conducted a Community Survey of Sidewalk Accessibility with older adults at McGraw House, Titus Towers, Beechtree Rehabilitation Center in Spring 2016</p>	
<p>Task 2.2 Engage student groups to conduct an assessment of at least one priority area among downtown Ithaca's buildings and outdoor spaces</p>	<p><i>Ithaca College Department of Occupational Therapy</i></p>	<p>2017</p>	<p>In spring 2016, Ithaca college students assessed five large and five small local businesses on accessibility to elders. They also conducted a study in spring 2017, investigating what elders thought about those businesses.</p>	
<p>Task 2.3 Develop a list of best practices for buildings and outdoor spaces for those working in these areas</p>		<p>2018</p>		
<p>Task 2.4 Meet with the Downtown Ithaca Alliance, Tompkins County Visitors Bureau and Chamber of Commerce to share findings and best practices</p>		<p>2018</p>		

<b>Goal 3: Promote the walkability of our communities (by addressing connectivity, quality and presence of sidewalks, safety from crime, weather, and falls).</b>	<i>Office for the Aging Advisory Committee, Tompkins County Planning Department, Ithaca College, Cornell University and TC3</i>			
Task 3.1 Work with the City of Ithaca and one other municipality to conduct a walkability survey		2018-2019	Conducted sidewalk condition assessment in 2017	
Task 3.2 Work with Tompkins County Planning Department on sidewalk inventory and Healthy Communities Strategy		2017-2019		

## Housing

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
<b>Goal 1: Educate and disseminate information regarding accessibility and visitability in design for new housing development</b>	<i>Tompkins County Office for the Aging</i>			
Task 1.1 Offer educational session on accessibility and visitability to the Tompkins County Council of Governments		2017	Discussed Age Friendly initiative, universal design & accessibility with TCCOG co-chairs in 2017. Universal Design Panel Discussion 6/18/18.	

Task 1.2 Provide in-depth training seminar inviting the Tompkins County Council of Government and 2 other municipalities		2017	Applied for AARP grant to host in -depth training in 2017 but did not receive funding. Universal Design Panel Discussion 6/18/18.	
Task 1.3 Utilize the Office for the Aging's website as a go-to resource		2017-2019	TCOFA website updated in 2017 to include Housing Guides and maps to all senior housing options. Pending grant application for 2018 to restructure website. Website was updated in 2019.	
<b>Goal 2: Advocate for the development of additional accessible affordable housing to meet housing needs across the lifespan.</b>	<i>Tompkins County Office for the Aging, Tompkins County Planning Department</i>			
Task 2.1 Meet with municipal officials and developers to inform them about the housing needs of older adults in order to make the development of affordable accessible housing a priority.		2016-2017	TCOFA Director presented to County Planning Development Committee in Oct. 2016; Senior housing needs documented in Tompkins County Planning Department's Tompkins County	

			Housing Strategy 6/29/17; TCOFA Director presented to County Legislature's Health & Human Services Committee on TCOFA's housing activities on 11/20/17 and on senior housing options in Tompkins County on 3/12/18. TC Planning Department developed the Coordinated Assessment Team with a "no wrong door approach" assessment tool to identify vulnerabilities and place consumers on a single waiting list.	
Task 2.2 Conduct housing needs/preferences surveys and senior housing occupancy surveys		2018	Senior Housing occupancy/wait list survey conducted in March 2017; TCOFA conducted needs assessment which included housing needs and preferences in 2019 and presented at 2 public hearings and at Rotary.	
<b>Goal 3: Advocate for additional home repair funding to enable lower income older adults to age in place.</b>	<i>Tompkins County</i>			

	<i>Office for the Aging, INHS/Better Housing for Tompkins County</i>			
Task 3.1 Apply for home repair grant funds for low income homeowners		2016-2019	Annual process for INHS	
Task 3.2 Target additional flexible funds such as Community Services for the Elderly (CSE) funds		2016-2019	TCOFA targeted Community Services for the Elderly funds in 2016 and 2017	
Task 3.3 Solicit donated funds and materials for home repairs from local businesses and chain stores to make limited funding go further		2016-2019	Plans to solicit materials and funds from Home Depot, Lowes and Walmart; Chicken Barbecue sponsored by the Ithaca Realtors Association raised money July 2018	

## Transportation

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
<b>Goal 1: Generate broader interest and acceptance of the vision of an integrated transportation system</b>	<i>Tompkins County Coordinated Transportation Planning Committee; Cooperative Extension Way2Go Program</i>			

<p>Task 1.1 Discuss, catalyze and support the creation of an alliance for integrating transportation services</p>		<p>2016-2019</p>	<p>Integration of transportation services was the topic of coordinated plan meetings in 2016 and 2017; Coordinated Transportation Committee convenes monthly; Faster and Farther Tompkins convenes quarterly starting in 2018; TCOFA is represented on Gadabout Board.</p>	
<p>Task 1.2 Establish/ facilitate a working group of key stakeholders to develop and organize support for an integrated transportation system.</p>		<p>2017-2019</p>	<p>Partners from coordinated plan are working together on integrated transportation; Presentation to Gadabout Board in January 2017; TCOFA represented on Gadabout Board</p>	
<p>Task 1.3 Explore feasibility of Mobility as a Service (MaaS) in Tompkins County, and apply for NYSERDA Grant for feasibility study.</p>		<p>2017</p>	<p>Presentation to Mobility as a Service to Tompkins County Health and Human Services Committee on Feb. 15, 2017; FTA planning grant submitted 3/21/18</p>	

<b>Goal 2: Increase awareness, utilization, and integration of existing services such as Gadabout, FISH, Love Living at Home and other senior transportation providers</b>	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Convene leaders of volunteer transportation providers to discuss current services and trends		2017	Way2Go convened volunteer transportation providers on 4/12/18; participate in monthly coordinated transportation committee	
Task 2.2 Develop communications plan to increase ridership and increase number of volunteer drivers		2017-2019	Gadabout conducting outreach to increase ridership and volunteer drivers; Outreach also done by FISH, LTCC, and Health Planning Council	
<b>Goal 3: Raise awareness of programs that bring services and support TO people. Explore and develop additional services</b>	<i>Tompkins County Office for the Aging, 211</i>			
Task 3.1 Research and document existing programs in Tompkins County		2017	TCOFA staff and interns researched and documented existing programs 3/2018	
Task 3.2 Publicize service list to increase the utilization of these services		2018-2019	List of grocery and pharmacy delivery options printed in Senior Circle winter 2018 edition; United Medical House Calls presentation at Aging Services Network	



			2/9/2018; grocery and pharmacy delivery options included in TCOFA's 2018 Long Term Care Services Resource Guide; grocery and pharmacy delivery discussed at Senior Living Expo presentation 4/8/2018. In 2020 GIS mapping conducted by CU students	
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### Employment and Civic Participation

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
<b>Goal 1: Support transition planning for soon-to-be and new retirees.</b>				
Task 1.1 Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program. Utilize Lifelong's weekly e-mail blast, the monthly Volunteers Connected newsletter as well as the Senior Circle newsletter.	United Way and Lifelong	2016-2019	Lifelong Aging Services Network Presentation April 2016; Regular volunteer opportunities column in Senior Circle newsletter; regular updates in Lifelong's weekly e-mail blasts; Next Chapter online resource	
Task 1.2 Offer a minimum of 4 in-person presentations to senior groups regarding volunteer opportunities within the community.	Lifelong	2016-2019	Aging Services Network Presentation April 2016; Volunteer opportunities in Senior Circle, including Ombudsman Program in May	

			2016, Energy Navigator program in March 2016 and Gadabout in November 2016; "Aging Well in Community" series of workshops held at Lifelong in winter 2018 and at Cornell in summer 2018.	
Task 1.3 Offer at least one training to local non-profit organizations on how to recruit, train and manage older adult volunteers	Human Services Coalition	2018	"Successful Volunteer Management: Recruit, Retain, Reward, Repurpose" with Deb Mohlenhoff 11/2/17; "Managing the Multigenerational Workforce" with Jesan Sorrells 11/29/17	
<b>Goal 2: Support older adults seeking employment opportunities</b>				
Task 2.1 Publicize Workforce New York as a hub of support for older workers, assisting with resume writing, technology, part-time employment opportunities, workshops and other employment-related services. Include a minimum of 2 articles per year in the Senior Circle newsletter, 2 annual Facebook posts, and 2 articles in TCOFA's online newsletter using Constant Contact.	Tompkins County Office for the Aging, Workforce NY	2016-2019	Article in Spring 2017 issue of Senior Circle	
Task 2.2 Share information on local agencies which offer alternative options including those that promote barter systems, cooperative volunteer banks, time trading programs and/or other similar programs. Include one article per year in the Senior Circle newsletter, one Facebook post per year, and one article in TCOFA's online newsletter using Constant Contact.	Tompkins County Office for the Aging	2016-2019	Article in Spring 2017 issue of Senior Circle; Working collaboratively with Love Living at Home; Information is available in TCOFA resource guides.	

## Culture of Respect and Inclusion

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
<b>Goal 1: Age-Friendly Protection Efforts: Enforcement of age-based anti-discrimination protections (i.e., local, state, federal human/civil rights laws).</b>	<i>Tompkins County Office of Human Rights</i>			
Task 1.1 Respond to the public's complaints of age discrimination in employment, housing, and public accommodation.		2016-2019	Filed Complaints Related to Age Employment: 3; Housing: 2; PA: 0	
Task 1.2 Address accessibility-based violations, in both public and private settings		2016-2019	Accessibility Consultations/ Intakes related to Housing: 18; PA: 20	
Task 1.3 Track and ensure requests for reasonable accommodation for seniors and persons with disabilities are addressed appropriately		2016-2019	RA Request Assistance/ Denials related to Employment: 15/12 Housing: 13/7	
Task 1.4 Enforce senior citizen lease termination protections		2016-2019	No cases in 2016	
Task 1.5 Reduce or eliminate discriminatory housing ads and steering tactics		2016-2019	Weekly auditing of real estate/housing advertisings	
Task 1.6 Identify and address exclusionary public policies based on age		2016-2019	No such policies identified 2016	
<b>Goal 2: Age-Friendly Promotion Efforts: Creating opportunities for collaboration, healing, bridge-building, dialogue, and celebration among all age categories.</b>	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Offer county-wide fair housing/equal opportunity employment workshops		2018	Human Rights Presentations related to Employment: 6; Housing/PA: 8; TCOFA participated on Ithaca Board of Realtors Fair Housing panel presentations in 4/2017 and 4/2018	

Task 2.2 Develop or join one annual jointly-sponsored community celebration that highlights and provides multi-generational benefits		2017-2019	TCOFA and partners participated in Streets Alive! on 9/17/17, publicized event to encourage Titus Towers, Beechtree and McGraw House residents to attend; offered adult tricycles for the public to try; took videos of participants of all ages discussing: "What Does Age Friendly Mean to You?"; Participated in Juneteenth Festival on 6/6/17	
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### Communication and Information

Goal/ Strategy	Lead Agencies	Deliverable Date	Progress to Date	Progress Code
<b>Goal 1: Promote Age Friendly Ithaca/Tompkins.</b>	<i>Age Friendly Steering Committee</i>			
Task 1.1 Form an Age Friendly Tompkins/Ithaca Community Coalition		2019	Age Friendly Steering Committee; In 2019 became Age-Friendly Center for Excellence	
Task 1.2 Develop outreach campaign		2017 - 2019	Discussed plan for increased social media presence and multigenerational events at Age Friendly Steering Committee meeting 11/28/16; Guest editorials on Age Friendly in Ithaca Journal by TCOFA Director in 3/2015 and 3/2018; through Aging by Design planning grant, developed Age Friendly Ithaca and Tompkins County logo 4/2018; grant for	

			implementation of outreach and community engagement campaign June 2019; Ripple Effect Committee created Spring 2019 and works to reach more people ages 50-65 with a variety of resources; End of 2019 Ripple Effect changed to Next Chapter.	
<b>Goal 2: Ensure that elders have access to information and communication resources.</b>	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Promote the Tompkins County Office for Aging/NY Connects program		2016 - 2019	NY Connects regularly promoted in quarterly Senior Circle newsletter, website and resource guides.	
Task 2.2 Mount a multi-pronged approach		2016 - 2019	Used social media, the Senior Notebook TV show, PSAs, resource guides and radio to communicate with older adults	
Task 2.3 Promote effective public information and consumer education		2016 - 2019	Developed/implemented public information/education plan for 2016, 2017, 2018; Implemented Aging Mastery Program through Lifelong in Fall 2018; Held 4 Falls prevention screenings in 2018-2019 and provided outreach through Foodnet sites; Disability and Elder Law Fair 2019; WRFI radio interview in 2018	
<b>Goal 3: Provide educational opportunities to improve the computer and communication technology skills of older adults who wish to learn.</b>	<i>Lifelong and Ithaca College</i>			
Task 3.1 Pair Ithaca College students with older adults who wish to learn about technology through Lifelong's learning lab		2016 - 2019	In 2017, 80-85 Ithaca College Occupational Therapy graduate students, Aging Studies Age Matters students, and Park Scholar Media Club students provided one-to-one and small group instruction to elders at 6 Tompkins County locations including Lifelong, McGraw House,	

			Titus Towers, Longview, and Kendal. In 2020, partnered with Senior Planet	
<b>Goal 4: Utilize points of entry and trusted community organizations to provide outreach to raise awareness of issues of importance to older adults</b>	<i>Tompkins County Office for the Aging</i>			
Task 4.1 Inform human resources professionals about services for retirees and caregivers		2017	The Ithaca College Gerontology Institute Family Caregiver Resource page: <a href="http://www.ithaca.edu/gerontology/caregiverresources/">http://www.ithaca.edu/gerontology/caregiverresources/</a> ; Diane Bradac through the Ripple Effect Committee is reaching out to human resource professionals 2019; work in informing Cornell employees who are retiring and connecting them with COFA and other agencies assisting elders and caregivers; Ripple Effect changed to Next Chapter resource link; TCOFA Director member of Retiree Engagement Advisory Committee that meets on quarterly basis through Work Life program at Cornell; TCOFA Director invited to present at monthly meeting of the Society for Human Resources Management of Tompkins County (SHRMTC)	
Task 4.2 Promote Workforce New York as a hub of support for older workers		2017 - 2019	Article in Spring 2017 issue of Senior Circle	
Task 4.3 Promote long-term and short-term community volunteer opportunities. Promote local agencies which offer alternative options		2017 - 2019	Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program through Lifelong's weekly e-mail blast, the monthly Volunteers Connected newsletter and the Senior Circle newsletter.	

Task 4.4 Reach out through the clinically integrated network of providers and Guthrie		2017 - 2019	Plan for outreach on falls prevention in summer 2018; Aging by Design Implementation Grant pending for outreach and engagement campaign, 2019; Engagement campaign began in summer of 2019.	
Task 4.5 Utilize the Finger Lakes Office Managers Association		2017 - 2019	Plan for outreach on falls prevention in summer 2018; Aging by Design Implementation Grant pending for outreach and engagement campaign, 2019; May 2019 meeting with Office Managers to promote resource materials	
Task 4.6 Educate patients and caregivers to make informed decisions		2017 - 2019	Finger Lakes Geriatric Education Center training at Brookdale: Partners in Care Assisted Living: Cooperative Communication Between Families and Staff—7/7/16 & 9/16/16 for staff, 7/17/16 for Family Caregivers; "Health Literacy: Communicating with Your Health Care Provider training at Longview" 2/25/16; Health Literacy training to public, students and providers winter/spring 2018	
Task 4.7 Assist individuals in planning ahead to pay for long term care		2016 - 2019	Senior Living Expo 2016, 2017, 2018, 2019 Free event with over 30 exhibitors and presentations on Long Term Care; Senior Circle newsletter article on help paying for care in Fall 2016; topic in the AMP series through Lifelong 2018-2019; Disability and Elder Law Fair in 2019	
Task 4.8 Raise awareness about advance directives, palliative care, and hospice services		2016 - 2019	Palliative and End of Life Care Project: Community Report on survey conducted in Finger Lakes and Southern Tier in spring 2015 by Elizabeth J. Bergman and IC students; Ithaca Journal headline article "What You Should Know about Palliative Care," including interview with Professor Elizabeth Bergman, was published on 2/22/16; Ithaca College Gerontology Institute	

			workshops: "Recognizing the Value of Advance Care Planning and MOLST/eMOLST" on 9/29/15, "Palliative Care: Research and Practice" on 4/20/16, and "Racially-Associated Disparities in Hospice and Palliative Care Access: Can We Move the Needle?" on 2/13/17; Palliative Care Conference at Ithaca College on 4/5/17; eMOLST training 2/7/18; FLGEC Healthy Aging in Rural NY conference 4/18/18; Aging Services Network meeting on Palliative Care and the PATH and AIM programs 5/10/19; McGraw House presentation on Advance Directives; Discharge Planning session on Palliative Care 4/2018; LTCC reps participated in 2 Advance Care Planning days titled "Talking About Death Won't Kill You" (10/2017, 10/2018)	
Task 4.9 Raise the general awareness of aging and long-term care issues among philanthropic organizations		2018	Community Foundation of Tompkins County Roundtable on Aging 10/12/17; TCOFA presented on Facebook Live series conducted by the Community Foundation with INHS and Love Living at Home highlighting services for older adults, Summer 2018.	
Task 4.10 Promote tools to support informal care networks		2016 - 2019	Caregivers Resource Center newsletter article on Caring Bridge and Lotsa Helping Hands websites in Winter 2017; Lifelong panel discussion including how to form a "Share the Care" network 1/16/18	
Task 4.11 Convey practical and timely information to individuals and families about scams, magazine subscriptions, and over-solicitation		2016 - 2019	Senior Circle newsletter scam article included quarterly; current scams noted on TCOFA website	
Task 4.12 Promote presentations by the Attorney General's Office about scams		2016 - 2019	Promoted session on 7/12/18 at Cooperative Extension; Attorney General presented at Disability and Elder Law Fair in 2019	



Task 4.13 Raise awareness among older adults about elder abuse and financial abuse		2017 - 2019	Ithaca College Gerontology Institute workshop "Elder Abuse: Prevalence, Process, and Prevention" 3/21/17; Adult Protective Services presentation to TCOFA Advisory Committee on 3/27/17; Presentation on Multi-disciplinarian Team at the full No Wrong Door meeting in April 2018	
Task 4.14 Consult with an elder law attorney about the Medicaid five-year look-back period		2017	Aging Services Network Presentation by Marcie Finlay, elder law attorney on Medicaid Trusts 9/9/16; NYS ARC pooled trust presentation in 2020	
Task 4.15 Include information about financial exploitation, abuse, and scams when providing outreach		2016 - 2019	NYSEG scam alert issued on Tompkins County Office for the Aging website; Scams covered in the Senior Circle August 2016 and Winter 2015-16 issues, and financial exploitation in the May 2016 issue; Information on scams available at Tompkins County Office for the Aging and on the website	

### Community Support and Health Services

<b>Goal 1: Ensure that the approach to discharge planning (including discharges to institutional settings) is well coordinated and connected with available community resources.</b>	<i>Health Planning Council</i>			
Task 1.1 Host biannual discharge planning network luncheons		2016- 2019	Discharge planning network luncheons held 10/6/16, 4/12/17, 10/4/17, 4/17/18, 10/17/18, 4/25/19	
Task 1.2 Encourage the use of electronic medical records (including electronic medical orders for life sustaining treatment or e-		2017	Ithaca College Gerontology Institute workshop: "Recognizing the Value of Advance Care Planning and	

MOLST) by community-based organizations. Offer training to community-based organizations to enhance staff awareness and capacity for electronic medical records.			MOLST/eMOLST" on 9/29/15; Care Compass Network eMOLST presentation 2/7/18	
Task 1.3 Monitor and inform the community about Delivery System Reform Incentive Program		2016-2019	Standing agenda at Health Planning Council Board Meetings in 2016 and ongoing; Long Term Care Committee Meeting in February 2017; DSRIP ended in 2019	
<b>Goal 2: Support caregivers and patient-advocates during discharge from hospital to home.</b>	<i>Tompkins County Office for the Aging</i>			
Task 2.1 Offer training to family and caregivers regarding hands-on needs		2016-2019	Hands-on care family caregiver training held by TCOFA and Ithaca College OT 3/2016 and 2/2017; presentation and demonstrations with Ithaca College OT Department at 2017 Senior Living Expo; instructional videos posted to TCOFA's website 2017; Early 2019 Ithaca College OT students created instructional video on caregiver hands-on training for use in future outreach	
Task 2.2 Advocate for increased funding for respite care for caregivers		2016-2019	Alzheimer's Association additional funding for Respite care for dementia caregivers starting 7/2016-2019	
<b>Goal 3: Elevate the way our community values and honors personal care aides on a professional level, including how they are treated, as well as the income, benefits and training they receive.</b>	<i>Visiting Nurse Services</i>			
Task 3.1 Educate and assist home health organizations		2016	Finger Lakes Geriatric Education Center training at Ithaca College "Superskilled!"	

			Reducing Turnover and Increasing Retention Train-the-Trainer” on 10/13/16 and 4/28/17; TCOFA letter of support for BOCES community aide training grant with NYSED 3/20/18; LTCC meeting in 11/2018 topic Home Health Aides with NYS Home Care Association and VNS	
Task 3.2 Host a recognition luncheon for home health aides		2016-2019	HHA recognition events held on 10/16/16, 11/16/17, 11/2018 and 11/2019; Proclamations received from local, state, and federal representatives	
Task 3.3 Advocate for a living wage and funding		2016-2019	Tompkins County joined New York State Health Care Crisis Campaign in 2017; oral and written testimony at Public Hearing before NYS Assembly’s Committees on Health, Aging, Labor and Taskforce on Disabilities 2/27/17; TCOFA active on Tompkins County living wage task force 2018; TCOFA partnering with NYSOFA and Cornell Institute for Public Affairs on student capstone project on a business case for living wage for home care workers; TCOFA included up to 5% reimbursement for aide wage increases in 2018 home care contracts	
<b>Goal 4: Advocate for the following programs and services within Tompkins County which are currently unavailable and for which there is a significant community need: 1) A Medicaid funded Assisted Living Program (ALP);</b>	<i>Tompkins County Office for the Aging</i>			

<p><b>2) A Medical Model Adult Day Program to assist individuals and caregivers with long-term care needs;</b></p> <p><b>3) Additional units of secure and affordable dementia care</b></p>		
<p>Task 4.1 Educate state and local legislators and officials at the NYSDOH</p>		<p>2016-2019</p> <p>TCOFA Director sent letter to NYSDOH regarding need for Medicaid Assisted Living Program in Tompkins County, 2/2017; TCOFA Director educated new County Legislators on need for ALP beds in Tompkins County on 1/22/18; TCOFA Director met with Assemblywoman Donna Lupardo, Chair, Aging Committee regarding additional ALP beds in 2018 NYS Budget 2/2/18; RFA released in August of 2019; Cayuga Ridge applied 2019</p>
<p>Task 4.2 Write letters of support and provide oral and written testimony</p>		<p>2016-2019</p> <p>TCOFA Director sent letter to NYSDOH regarding need for Medicaid Assisted Living Program in Tompkins County, 2/2017; TCOFA Director educated new County Legislators on need for ALP beds in Tompkins County on 1/22/18; TCOFA Director met with Assemblywoman Donna Lupardo, Chair, Aging Committee regarding additional ALP beds in 2018 NYS Budget 2/2/18; RFA for ALP programs came out 8/8/2019. Cayuga Ridge applied; status pending. TCOFA Director sent letter of support for Cayuga Ridge application in 2019. LTCC continues to advocate for ALP beds.</p>
<p><b>Goal 5: Promote the seniors helping seniors concept through supporting the</b></p>	<p><i>Tompkins County</i></p>	

<b>establishment of a "village" in Tompkins County.</b>	<i>Office for the Aging and Love Living at Home</i>			
Task 5.1 Ensure that Love Living at Home is well integrated with the Office for the Aging		2016-2019	TCOFA, Lifelong and Love Living at Home collaboration on public Atul Gawande telecast at Cinemapolis 9/25/17; coordinated Aging Well in Community series of presentations at Lifelong on 1/16/18, 2/20/18 & 3/20/18	
Task 5.2 Explore ways in which similar services may be made available to rural areas		2016-2019	Love Living at Home is available throughout Tompkins Country, including rural areas.	
<b>Goal 6: Ensure training is available for health care professionals and social workers regarding geriatric and psychological issues.</b>	<i>Ithaca College Gerontology Institute and Health Planning Council</i>			
Task 6.1 Disseminate information about geriatric training for primary care physicians and CEUs for social workers.		2017-2019	Finger Lakes Geriatric Education Center Rural Summit at the State Society on Aging New York (SSANY) Conference on 10/26/16 at Ithaca College (CEU's for social workers and physicians certified through UR); Ithaca College Gerontology Institute workshops at the State Society on Aging New York (SSANY) Conference on 10/27 - 28/16 at Ithaca College (CEU's for social workers certified through Family &	

		<p>Children's Services): Expressive Arts in Counseling Psychotherapy; Attachment-Focused Integrative Reminiscence (Life Writing): Theory, Methods, Skills, and Phenomenological Experience; Skilled Listening and Writing for Story: From Reminiscence to Story-Work with Elders' Stories;</p> <p>5/2019 LTCC meeting focused on Behavioral and Mental Health trends among elders and recommendations for moving forward with presentations from Family &amp; Children's Services and CARS; ICGI health literacy presentations in 2019; FLGEC annual conferences 2017, 2018 and 2019</p>	
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