



TOMPKINS COUNTY
OFFICE FOR THE AGING

Aging Better, Together

Annual Report 2022

**OLDER
AMERICANS
MONTH**



AGING UNBOUND: MAY 2023



From the Director...

It is my privilege to present the Tompkins County Office for the Aging's Annual Report for 2022. Serving Tompkins County since 1975, the Office for the Aging, our contractors, and our local network of service providers work together to make Tompkins County a great place to live, work, retire and age in community.

Established in 1963, Older Americans Month (OAM) is celebrated every May. Led by the Administration for Community Living (ACL), OAM is a time for us to acknowledge the contributions and achievements of older Americans, highlight important trends, and strengthen our commitment to honoring our older citizens.

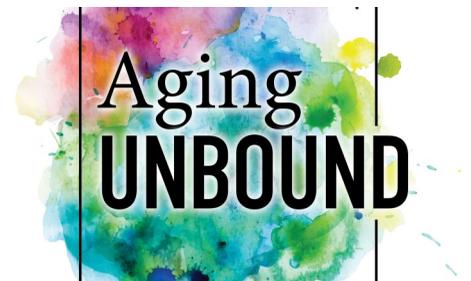
Older adults play vital, positive roles in our communities - as family members, friends, mentors, volunteers, civic leaders, members of the workforce, and more. This year's theme, *Aging Unbound*, offers an opportunity to explore a wide range of aging experiences and to promote the importance of enjoying independence and fulfillment by paving our own paths as we age.

This May, we recognize the 60th anniversary of OAM and challenge the narrative on aging. The theme *Aging Unbound*, is an opportunity for all of us to explore and embrace opportunities and the rewards of growing older. Find a new passion, go on an adventure, and push boundaries by not letting age define your limits. Continue to grow that knowledge through reading, listening, classes, and creative activities. Stay engaged and connected in your community. Invest time with people to discover deeper connections with family, friends, and community members.

This Annual Report shares the programmatic highlights and the core services provided by the Office for the Aging in 2022. Our work is made possible through dedicated staff, volunteers, subcontractors, and community partners. It is through these collaborative endeavors that we maintain a network of home and community-based services for older adults in Tompkins County. Together, we strive to support older adults to remain in and be involved with their communities as they choose. We thank the Tompkins County Legislature for their ongoing support for our programs, and the community members to whom we are responsible.

Sincerely,

Lisa Monroe

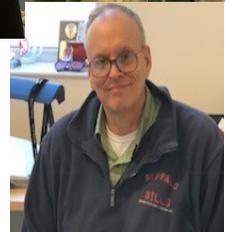
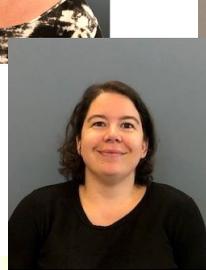
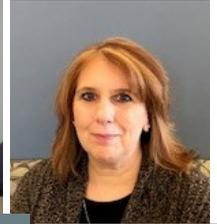


Our Mission

To assist older adults and persons with long term care needs to live independently in their homes and communities with quality of life and dignity.

Office for the Aging Staff

Caryn Bullis, Deputy Director
Trish Chevallard, Aging Services Specialist
Andrea Davis, Outreach Worker
Amy Jackson, Aging Services Specialist
Rae Lobreva, PT Office Assistant
Kate Lyon, Ombudsman Program & Outreach Specialist
Rodney Maine, Aging Services Specialist
Susan Martin, PT Dietitian
Lisa Monroe, Director
Heidi Morse, Long Term Care Specialist
Alyssa Schmitt, PT Account Clerk Typist
Robert Slocum, Fiscal Coordinator
Dawn Sprague, Aging Services Specialist
Holly Stevenson, PT Home Health Aide
Tom Weber, PT Outreach Worker
Donna Wilmot, Administrative Assistant IV





2022 Advisory Committee Members

Joanne Izbicki
Wilma Lawrence*
Sandra Pollack
Patricia Jung
Pat Curran

Charlie Hart
Bill Lesser
Patricia Stamm
Carolyn Beyers

Susan Hatch
Carol Mallison
Carrie Shearer
Laurie Hultberg

*term ended in 2022

Advisory Committee Liaisons

Dan Klein, Tompkins County Legislature
Meghan Molloy, Tompkins County Public Library
Samantha Hillson, Tompkins County Whole Health
Aly Evans, Foodnet Meals on Wheels
Sarah Askew, StateWide Senior Action
Jan Lynch, Finger Lakes Independence Center
Liza Burger, Lifelong
Cheryl Jewell, Love Living at Home
Sue Ellen Stuart, Visiting Nurse Service

Highlights of 2022



AGE FRIENDLY
ITHACA & TOMPKINS COUNTY

Age Friendly Update

Tompkins County and the City of Ithaca are part of the AARP Network of Age Friendly Communities, an initiative of the World Health Organization intended to help municipalities prepare for rapid population aging. The initiative is designed to help communities and local governments incorporate healthy, age friendly principles into relevant policies and programs. The Office for the Aging is collaborating with several community organizations to continue implementing age friendly initiatives. In 2019, we were designated as one of five Centers for Excellence in New York State funded to support the NYS Health Across All Policies Initiative by promoting Age Friendly, the NYS Prevention Agenda and Smart Growth Planning principles. The primary goal of the Tompkins County Center for Excellence (TCAFCFE) is to create livable communities for all ages to promote healthy aging by transforming the social and physical environment to support health and well-being for community members across the lifespan. This goal is achieved through cross-collaboration with organizational partnerships and stakeholder input. The TCAFCFE works directly with County agencies, non-profit organizations, academic institutions, and private partners to advance systems change and solutions at the county level, and to share best practices state-wide. In 2022, we continued to work on our goals and tasks informed by our previous work and carryout our plan and implementation timeline for the next 5-year cycle.

Respite Grants

The Office for the Aging was awarded a mini grant in 2021 to provide respite to caregivers. This grant focused on caregivers of loved ones with Parkinson's disease. This grant was completed in 2022 and served 7 caregivers with 199.5 hours of respite care. In the Fall of 2022, we were awarded a second grant which enabled us to continue the work of the first grant and expand its focus to include caregivers of loved ones with any condition. This new program is called Generations of Care and we currently have 12 volunteer students providing respite care to 12 caregivers.



Social Engagement

Social isolation has been an issue for many older adults that was exacerbated by the COVID-19 pandemic. At the Office for the Aging we have several programs available to combat social isolation and loneliness and promote social engagement.

Elli Q

Elli Q is a digital care companion that helps older adults remain active, engaged, and independent. Designed for individuals that spend most of their day alone, Elli Q empowers older adults to take control of their physical, mental, and social health. Elli Q proactively offers health and wellness support, entertainment, communication features, and a concierge service to help with daily activities. In 2022, 4 clients received Elli Q's.



Joy for All Companion Pets



There is compelling evidence that shows these lifelike robotic pets increase meaningful interactions between family and friends, can facilitate intergenerational connection, stimulate conversation and communication, calm anxiety and soothe those who are agitated. These pets can increase quality of life for those with dementia or who are socially isolated. We have several cats and dogs and new Walker Squawker animatronic birds that are available for "adoption". These interactive animatronic pets offer support, comfort, and companionship to older adults. In 2022, 27 clients received pets.

Highlights of 2022

Virtual Senior Center (VSC)

The Virtual Senior Center (VSC) gives older adults a place to go, learn, explore, and socialize without having to go anywhere. An active online community with live courses 12 hours a day, 365 days a year, the VSC is a constant and welcoming companion to help make meaningful connections. The Office for the Aging is partnering with our local Senior Center, Lifelong, to provide this service.



RESOURCES

#OlderAmericansMonth
ACL.gov/OAM



COFA Monthly Newsletter

In March of 2022, the Office for the Aging released the first edition of our monthly electronic newsletter. Entitled “COFA News & Updates”, the newsletter is a source of information for any events, updates, or news pertaining to our office and/or aging services. The newsletter is sent via email generally around the 15th of each month. To sign up please visit our website at www.tompkinscountyny.gov/cofa.



In 2022, Office for the Aging staff members served on several Boards and Advisory Committees including:

- Human Services Coalition Board
- Long Term Care Committee of the Health Planning Council
- Gadabout Board
- Core Advisory Group for Emergency Preparedness
- Workforce Development Board
- Tompkins County Workforce Diversity and Inclusion Committee
- Coordinated Human Services Public Transportation Planning Committee
- Tompkins County Health & Human Services Cabinet
- Visiting Nurse Service Board
- Vision Zero Stakeholders Committee
- Homeless and Housing Taskforce
- Continuum of Care
- Safety Committee
- Team JEDI
- Tompkins County Local #855; White Collar Unit #8900
- TC Youth Services Advisory Board
- Coalition for Snow Free Crosswalks and Sidewalks (SnowCo)



COMMUNITY OUTREACH

In 2022, the Office for the Aging staff engaged in outreach and offered services presentations for the following groups and events:

- TC Public Library
- Ellis Hollow Apartments
- Willowbrook Apartments
- Mental Health Awareness Fair
- McLean Health & Wellness Fair
- Kiwanis Club
- Dryden Dairy Days
- McGraw House
- Enfield Rhubarb Festival
- Love Living at Home
- Groton Food Pantry
- Titus Towers
- GIAC Senior Group
- Lansing Food Pantry
- Woodsedge
- Caroline Seniors Group
- Emergency Preparedness Fair
- Streets Alive!
- Fall Risk Screening Event
- Enfield Senior Group

TRAINING AND STAFF DEVELOPMENT

In order to remain current in the field of aging, Office for the Aging staff participated in trainings in 2022 on many topics including:

New Advancements in Senior Nutrition; Aging in Place in Rural America; Leveraging LTCCC's Resources to Promote Resident-Centered Care; How to Support LGBTQ+ Older Adults; Infection Control; Community Resources for Caregivers; Adult Mental Health First Aid; Financial Planning for the Future; LTCOP and Residents Rights in NYS; LTCO Emergency Preparedness and Response; Resident Councils; Navigating Medicare's Coverage of Durable Medical Equipment; Racism as a Fundamental Cause of Long-Term Care Inequities; Planning for Long Term Care; Utility Rights; Partners in Social Engagement: Collaborating with Faith Communities; Medicaid Home Care; HIIICAP Western Consortium; Nursing Home Medicaid; Basics of Mediation; Dementia Informed Advocacy; Recognizing the Importance of Volunteers; Utilizing VA Benefits to Help Veterans Age in Place; Sanitation and Food Safety Training; Requirements and Recommendations for Providing Safe and Quality Nursing Home Care



Aging Services Network Meetings

The Office for the Aging organizes monthly Aging Services Network Meetings, attended by local aging services professionals and the general public. In 2022, topics included:

- INHS
- Howard Hanna Realty
- Family & Childrens Services
- Love Living at Home
- Gadabout
- Cancer Resource Center
- Long Term Care Ombudsman Program
- Cornell University

Collaborations with Educational Institutions

Cornell University, Tompkins Cortland Community College, Ithaca College, and Binghamton University provide us with student volunteers, interns and work-study students. Students serve as friendly visitors in the Project CARE program, help with administrative work and assist with evaluations and publications. Faculty and staff involved with gerontology at Cornell University and Ithaca College regularly share information and expertise with the local aging services network through the Office for the Aging.

2022 student office interns/work study students:

Arabez D. Smith, Binghamton University

Cheryl Willer, Liberty University

Lily Stevens, Ithaca College

VOLUNTEERS

Outstanding Volunteer Award

Each year the Office for the Aging accepts nominations for volunteers age 60+ who have made significant contributions to the community through civic engagement. These awards are presented during the month of May for Older American's Month and then recognized again by NYSOFA for Older New Yorker's Day, often held in the Fall. In 2022 our Outstanding Volunteers were Jim Quest and Amanda Ufford.



Jim Quest



Amanda Ufford

Our office is supported by volunteers who selflessly give their time to support our programs and serve the needs of older adults in our community. Without them, our office would not be able to provide such valuable services. We appreciate their contributions everyday and say thank you!



COFA IN THE COMMUNITY



TOMPKINS COUNTY
OFFICE FOR THE AGING
Aging Better, Together



INFORMATION AND ASSISTANCE

The Tompkins County Office for the Aging is the community's primary source for information and assistance about the array of services available to older adults, caregivers, and persons with long term care needs.

✓ Outreach

Through participation at food pantries, health fairs, senior group gatherings, home visits, and many other activities, the Office for the Aging and its subcontractors work to bring services to older adults who need them. In 2022, the Office for the Aging had 575 community outreach contacts with older adults.

✓ *Senior Circle* Newsletter

The Tompkins County Office for the Aging and Lifelong jointly publish the quarterly *Senior Circle* Newsletter. Mailed to over 12,000 older adults in Tompkins County, the *Senior Circle* is a valuable medium to inform people of vital services and events.

✓ Insurance Counseling

The Health Insurance Information, Counseling and Assistance Program (HIICAP) is offered through a contract with Lifelong. In 2022, we had three trained counselors on staff at the Office for the Aging and 16 volunteer counselors coordinated through Lifelong. Trained HIICAP counselors offer one-on-one counseling as well as group presentations on the various aspects of Medicare, Medicaid, private health insurance, long term care insurance, and prescription drug coverage including Medicare Part D and EPIC. HIICAP had 801 contacts during 2022.

**MATERIALS
AVAILABLE**

#OlderAmericansMonth
ACL.gov/OAM



LONG TERM CARE ASSISTANCE



Long Term Care Assistance programs provide a continuum of care and supports to older adults and their families. Long term care services span from small, practical supports which help to keep people living in their homes longer, to hands-on personal care in the home, to assistance and advocacy within nursing homes. Long Term Care Assistance Programs include the following:

✓ Personal Emergency Response System (PERS)

PERS is a communication system which links an individual with a call center that can dispatch emergency responders when needed or contact a designated person or persons. This system provides 24-hour-a-day protection for individuals who are frail and at risk of falling or other medical emergencies. PERS units are available for rental through the Office for the Aging. During 2022, a total of 401 people utilized PERS machines provided through the Office for the Aging.



“ I needed my alert system when I fell getting out of the shower this morning. I had asked the system to add my neighbor to the list of people to call, they did just that. I called the alert system and thanked them for following my request. This is my lucky day-I’m up and no broken bones!”



✓ Falls Prevention

Trained outreach staff from the Office for the Aging offer Home Safety Assessments to older adults in the community. During an assessment, fall hazards are identified and addressed wherever possible. If necessary, assistance and referrals are provided for issues requiring modification or repair, such as installation of grab bars or railings. In 2022, Office for the Aging staff assisted 7 clients with Home Safety Assessments.

In October of 2022, our Outreach Worker became a Certified Aging in Place Specialist (CAPS).

LONG TERM CARE ASSISTANCE



NY Connects
Your Link to Long Term
Services and Supports

✓ **NY Connects Long Term Care Services**

Staff at NY Connects provide objective and unbiased information about long term care options in Tompkins County. A partnership between the Office for the Aging, the Department of Social Services, Finger Lakes Independence Center, Tompkins County Whole Health, and Office for Persons With Developmental Disabilities, NY Connects offers information about long term care to consumers of any age, regardless of income or payer source.

✓ **The Long Term Care Committee of the Health Planning Council**

serves as the NY Connects Long Term Care Council. The Long Term Care Committee plays an active role in ensuring a coordinated local long term care delivery system, identifying needs and gaps in service and recommending system improvements.

✓ **Expanded In-Home Services for the Elderly Program (EISEP)**

The EISEP Program provides case management, homemaking/personal care and housekeeping/chore services on a sliding fee scale to income-eligible older adults. Case management is offered through contract with Tompkins County Adult and Long Term Care Services, and aide service is offered through contract with Caregivers, Home Instead Senior Care, and Stafkings. During 2022, 127 frail elders received case management services, 15 individuals were served with 755.5 hours of homemaker/personal care services, and 38 individuals were served with 1,934 hours of housekeeper/chore services. Additionally, under the consumer directed component of EISEP, 38 clients hired their own aides and were provided with 8,959.5 hours of service. Finger Lakes Independence Center is the fiscal intermediary for consumer directed services.



Finger Lakes
Independence
Center

✓ The Registry

The Office for the Aging contracts with the Finger Lakes Independence Center to offer the Registry Program. The Registry is a free service linking individuals in need of in-home help with independent job seekers. The Registry lists jobs for personal care aides, home health aides, elder companions, housekeepers and cooks. The program prescreens and checks references for all caregivers. The family must interview and negotiate the specific terms of employment. During 2022, 135 older adults utilized the services of the Registry.



Office of the State
Long Term Care
Ombudsman

✓ Long Term Care Ombudsman Program

The Long Term Care Ombudsman Program works to resolve concerns expressed by, or on behalf of residents of long term care facilities. This is accomplished by recruiting and training community volunteers to visit long term care facilities and advocate on behalf of residents, giving them a stronger voice in their own care and lives. In 2022, our program had 6 certified long term care ombudsman volunteers serving Tompkins, Schuyler, and Chemung Counties.

LONG TERM CARE ASSISTANCE

✓ Friendly Visiting

The Friendly Visitor Program of the Office for the Aging matches older adults with volunteers who offer companionship and a chance for sharing time and mutual interests. The Office for the Aging partners with Project Generations Programs at both Ithaca College and Cornell University, whose student volunteers are paired with older adults. During 2022, volunteers provided 14 individuals with weekly friendly visits.



We had such a nice chat. He is DELIGHTFUL! It seems we have a lot to talk about. The visits bring me such joy, I find myself looking forward to the next. We have made a great connection and we truly enjoy each other's company.

-P.S., Volunteer

NUTRITION PROGRAM



The nutrition program is provided through a subcontract with Foodnet Meals on Wheels and offers meals to older adults, both in their homes, and at social dining sites throughout Tompkins County. The nutrition program assures that participants receive a nutritious, hot meal up to five days per week, options for evening sandwich meals and weekend frozen meals. Foodnet's Registered Dietitian provides nutrition education and counseling.

✓ Congregate Meals

This service provides older adults with hot noontime meals Monday through Friday, along with an opportunity for social time and links to other health and supportive services. Social dining is offered 5 days per week in Groton and Titus Towers. A voluntary and confidential contribution of \$10 is suggested, but no person is denied a meal if they are unable to contribute. During 2022, 88 people were served with 13,681 grab and go meals due to the closing of congregate sites because of the pandemic.



FOODNET
MEALS ON WHEELS

✓ Home Delivered Meals

This service is provided to Tompkins County older adults who are homebound and/or unable to prepare their own meals. A hot mid-day meal is delivered weekdays, with the option of an additional sandwich meal for the evening. Frozen meals are provided for weekends and holidays. A voluntary and confidential contribution of \$10 daily per hot meal or \$11.80 daily for hot meal and sandwich is suggested, but no person is denied a meal if they are unable to contribute. During 2022, 578 older adults were served 120,156 meals in their homes.



NUTRITION PROGRAM

✓ Nutrition Counseling

Nutritional assessment and counseling is provided to older adults on a one-on-one basis. Foodnet's registered dietitian assists older adults in understanding their dietary needs and restrictions, and provides methods for changing their dietary habits. During 2022, 452 people were provided with 690.75 hours of nutrition counseling.

✓ Nutrition Education

Nutrition education is provided to Foodnet participants in a group setting, covering topics of interest and emphasizing good nutrition as a component of health. During 2022, 20 sessions of nutrition education programming was provided.



✓ Senior Farmer's Market Nutrition Program

The Office for the Aging distributes coupon booklets worth \$25 to income-eligible households. Coupons are for the purchase of fresh fruits and vegetables at participating NYS Farmers Markets. During 2022, 719 booklets were distributed to older adults throughout Tompkins County.



✓ **Mosaic Program**

The goals of the Mosaic Program are to enhance programming with regards to diverse program topics, learn from experiences of those who may be marginalized and strive for offerings that are inclusive, diverse, equitable and accessible, and look at several diverse populations including but not limited to: race, ethnicity, religion, sexual orientation, and people with disabilities. In 2022, programs included an Africana Film Series, the Seward House Museum, social activities at GIAC, and West Africa on a Plate.



✓ **Legal Services**

The Office for the Aging contracts with Legal Assistance of Western New York to provide eligible clients with legal assistance on civil matters such as evictions, foreclosures or public benefits. In 2022, 41 people received 131.3 hours of legal assistance.

✓ **Aging Mastery Program**

The Office for the Aging contracts with Lifelong to offer the Aging Mastery Program (AMP). This program offers 10 classes that encourages developing behaviors across many dimensions that will lead to improved health, stronger financial security, and overall well-being. This program was held in the Spring and Fall of 2022 and served a total of 20 people.



**GADABOUT
TRANSPORTATION**

✓ **Transportation**

The Office for the Aging now partners with Gadabout for transportation services by purchasing tickets in bulk to distribute to persons over 60 or with disabilities from our office. In 2022, 171 older adults received tickets.

HOME REPAIR AND ENERGY SERVICES

Home repair and energy services assist older homeowners in maintaining their homes and living safely, independently, and affordably.



✓ Tompkins County Small Home Repair Program

The Office for the Aging contracts with INHS to provide small home repairs and safety modifications for older adults in Tompkins County. Priority is given to income-eligible older adults who need repairs related to health and safety in order to remain independent in their homes. This program continues to work hand in hand with COFA's Falls Home Safety Assessment Program where COFA's Outreach Workers provide valuable home visits to identify fall hazards and modifications that can be made in the home. In 2022, the Small Home Repair Program served 61 older adults with 801.10 hours of service.



✓ Home Energy Assistance Program (HEAP)

The HEAP Program offers benefits to income eligible individuals to offset the costs of heating their homes or apartments. During 2022, the Office for the Aging processed 552 HEAP applications for older adults and individuals with disabilities.



Family caregivers are an integral component of the long-term care system, and the Office for the Aging supports them through a number of services.

✓ Project CARE

Project CARE is an initiative of the Office for the Aging that can help stressed caregivers and the older adults for whom they are caring. The Office for the Aging matches older adults and their caregivers with volunteers who are able to help with a number of tasks including errands, shopping, light housekeeping, yard work, and respite. Volunteers provide opportunities for socialization to those who are homebound and isolated.



CAREGIVER SERVICES

✓ Caregivers' Resource Center & Alzheimer's Support Unit

The Caregivers' Resource Center provides:

- Information for caregivers
- Options counseling for caregivers
- A lending library of written and digital materials—including local resource guides
- Quarterly *In Support of Caregivers* newsletter
- Caregiver Packets for those caring for Alzheimer's patients and general Caregiver Packets to assist caregivers with planning and other important processes
- Workshops on caregiving issues
- Support Group for caregivers of persons with Alzheimer's and other dementias.
- Six week workshop series: Powerful Tools for Caregivers



In 2022, the Caregivers Resource Center sponsored the following training sessions to the public:

Medicare Fraud, Advance Care Planning: A Gift to Your Loved Ones, Geriatric Mental Health & Caregiver Support Services, Community Resources, Planning for Long-Term Care with the Ombudsman, Hero Caregiving: It's Not What You Think!, Hospicare 101, How to Make A Death Binder, Legal & Financial Planning for Incapacity & Long Term Care

In addition, a series of six-week sessions of “Powerful Tools for Caregivers” classes were offered to local caregivers in both the fall and spring.



Caregiver Initiatives

✓Tualta

There are an estimated 4.1 million caregivers in New York State who provide 2.68 billion hours of unpaid care. Sixty-one percent worry about caring for a loved one and 70% reported at least one mental health symptom during the pandemic. Tualta is a web-based caregiver education and support platform that teaches critical skills to reduce caregiver stress levels and increase confidence in one's caregiving abilities.

The New York State Office for the Aging (NYSOFA) and the Association on Aging in New York (AgingNY) partnered with Tualta to offer this platform at no cost to any unpaid caregiver in New York State.

Caregivers can access this service at <https://newyork-caregivers.com>

NEW YORK
STATE OF OPPORTUNITY.

Office for the Aging

New York
Caregiving Portal
Powered by Tualta

Provided in Partnership With:
Association on Aging in New York

Caring for your loved one but don't know where to start?
Let Tualta help you on your caregiving journey!

- Explore options for challenging behaviors
- Discover ways to connect with your loved one
- Share and learn with fellow caregivers

Scan me with your camera to visit!

NewYork-Caregivers.com

POWERED BY TRUALTA

CAREGIVER SERVICES

✓ ARCHANGELS

A "caregiver" is defined as a family, friend, or neighbor who helps an individual with their daily living. There are an estimated 4.1 million caregivers in New York State who provide 2.68 billion hours of unpaid care. If paid for at market rate, the cost of that care would be \$32 billion annually.

In the U.S. today, **one in six** employees spends on average more than 20 hours a week providing care for a loved one. Caregiving costs U.S. businesses an estimated \$50 billion a year in lost productivity.

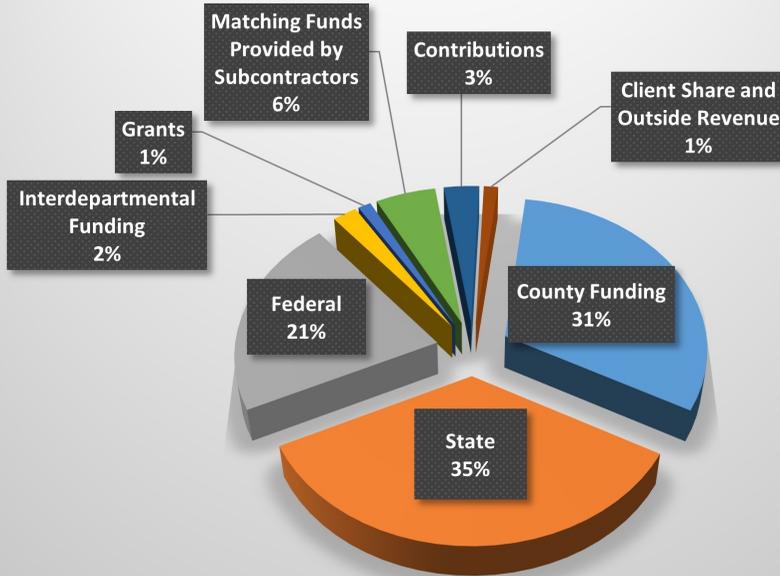
ARCHANGELS is a national movement and a platform that is reframing how caregivers are seen, honored, and supported using a combination of data and stories. ARCHANGELS believe shining a light on caregivers so they feel seen, honored, and supported is the first line of care. Their Caregiver Intensity Index (CII) is designed to engage all caregivers, even those who do not see themselves in that role.

The platform provides each caregiver with a 'score' that not only validates their experience, but crosswalks them over to the resources that exist but often go underutilized due to lack of awareness. ARCHANGELS provides communities (including states, employers, healthcare providers, and payers) with an omni-channel data-driven engagement approach that changes caregiver's lives (as well as top and bottom lines) for the better. Connect with ARCHANGELS at archangels.me.





Tompkins County Office for the Aging Sources of Funding for 2022



FUNDING SOURCE	AMOUNT
County Funding	\$967,725
State	\$1,092,086
Federal	\$662,402
Interdepartmental Funding	\$66,939
Grants	\$35,320
Matching Funds Contributed by Subcontractors	\$164,424
Contributions	\$96,061
Fees and Client Share	\$38,615
	\$3,123,572

Tompkins County Office for the Aging 2022 Funding Sources	2022 Program Totals
Alzheimer's Association of CNY Respite Grant	\$22,320
Federal American Rescue Plan Funding	\$65,855
Federal/State Health Insurance Information, Counseling and Assistance Program	\$31,207
Federal Home Energy Assistance Program	\$47,366
Federal Medicare Improvements Patients and Providers Act	\$18,665
Federal Nutrition Services Incentive Program	\$113,930
Federal Older Americans Act: Title IIIB	\$381,224
Federal Older Americans Act: Title IIIC	\$580,303
Federal Older Americans Act: Title IIID	\$5,576
Federal Older Americans Act: Title IIIE (National Family Caregivers Act)	\$49,631
Federal CARES Funding	\$12,934
Locally Funded Small Home and Safety Program	\$26,525
Locally Funded Personal Emergency Response Program	\$35,596
NYS Caregiver Resource Center	\$24,536
NYS Community Services for the Elderly Program	\$225,333
NY Connects Expansion and Enhancement	\$309,597
NYS Unmet Needs Program	\$196,687
NYS Expanded In-Home Services for the Elderly Program	\$351,215
NYS AAA Transportation Grant	\$5,600
NYS Long Term Care Ombudsman Program	\$165,952
Federal Long Term Care Ombudsman Program (ARPA & CARES Funding)	\$44,852
NYS Wellness in Nutrition	\$397,668
Lifespan Generations of Care Respite Grant	\$11,000
TOTAL:	\$3,123,572



TOMPKINS COUNTY
OFFICE FOR THE AGING

Aging Better, Together



**NEW
YORK
STATE**

NY Connects

Your Link to Long Term
Services and Supports

of TOMPKINS COUNTY

(800) 342-9871 607-274-5482

Tompkins County Human Services Annex Building
214 W. Martin Luther King Jr./State St.
Ithaca, NY 14850
(607) 274-5482

<http://tompkinscountyny.gov/cofa>

