

# How Healthcare Helps Prevent Suicides

A Town Hall on how the **Zero Suicide Model** is being implemented in Tompkins County

**Public Town Hall:**  
**Thursday September 28**  
**5:30-7:30 p.m.**

**Greater Ithaca Activities Center (GIAC)**  
**301 W. Court Street, Ithaca**

## Panels Featuring:

**Local Healthcare Providers**  
**School Officials**  
**Mental Health Advocates**  
**Public Health Experts**

*Opportunities to talk one-on-one  
with panelists and local experts*

## Learn More:

**How Zero Suicide works**  
**Challenges for implementation**  
**At-risk populations**  
**988 & other suicide prevention resources**

*Hosted by:*

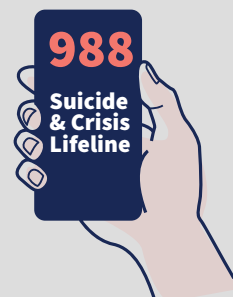
**Tompkins County Suicide Prevention Coalition**

*Our vision is for a community where no lives are lost to suicide.*

## Need Help Now?

If you or someone you know is in crisis, **dial 988**.

The 988 Suicide & Crisis Lifeline offers **24/7, confidential support** from trained counselors who can help people experiencing mental health-related distress.



## About the Zero Suicide model:

The foundational belief of Zero Suicide is that suicide deaths for individuals under the care of health and behavioral health systems are preventable. For systems dedicated to improving patient safety, Zero Suicide presents an aspirational challenge and practical framework for system-wide transformation toward safer suicide care.



Learn More:



# Tompkins County Suicide Prevention Coalition



Health agencies, community organizations, and individuals who share a determination to prevent suicide deaths in our community came together in 2017 to create the Coalition. Its 2022-2025 Strategic Plan reads:

*"Our vision is for a community where no lives are lost to suicide. Our mission is to use data, science, and collaborations to identify and implement effective suicide prevention strategies for Tompkins County."*

## Our Goals

Improve the quality and enhance the use of data sources and systems for suicide prevention in Tompkins County.

Advance quality improvement for suicide care in all Tompkins County healthcare and behavioral health settings.

Reduce suicide attempts in the youth population, including students attending colleges in Tompkins County.

Reduce access to lethal means for suicide within high-risk demographic populations as determined by national, state, and local data.

Advocate for policies and practices designed to prevent suicides in the community.

**Get  
Involved!**

Health providers, organizations, businesses, and individuals are welcome and encouraged to join the Coalition at any time.



More info →



# Tompkins County Suicide Prevention Coalition



September 19, 2023

Message from Jenna Heise, Director of Implementation  
Office of Mental Health  
Suicide Prevention Center of New York

**"I'm delighted to acknowledge and celebrate Tompkins County's outstanding commitment to suicide prevention and the strides made in advancing the Zero Suicide Model locally.**

**"Tompkins County has proven itself as a strong partner in the ongoing collective efforts to prevent the loss of lives due to suicide and promote mental health for all community members. Tompkins County's' persistence and dedication to implementing the Zero Suicide Model has set an important precedent, not only within your community but across the broader suicide prevention landscape.**

**"It is with the spirit of support that the team and I note the upcoming Town Hall event organized by the Tompkins County Suicide Prevention Coalition. Such events are critical for engaging the general public, raising awareness about suicide prevention, and fostering a platform for meaningful discussions. We believe that engaging the community is paramount and applaud Tompkins County's proactive approach.**

**"The collaborative nature and passion exhibited by Tompkins County is inspiring. We look forward to continued support and collaboration with Tompkins County on our collective journey to prevent suicide."**



Office of  
Mental Health

